

Military OneSource

This no-cost 24-hour service is available to all active-duty, National Guard and reserve members (regardless of activation status) and their families.

Consultants provide information and make referrals on a wide range of issues, including special needs, deployment, relationship and parenting issues. Face-to-face counseling sessions (and their equivalent by phone or online) are available at no cost. Call 800-342-9647 or visit www.militaryonesource.mil.



Place local contact information here.



Call. 800-342-9647
Click. MilitaryOneSource.mil
Connect. 24/7

Let us help you navigate the world of special needs.

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Military OneSource Special Needs Consultations



If you have a child or adult family member with special needs, we can help identify your needs and support you in accessing resources to meet those needs.

What is a special needs consultation?

Military OneSource provides you with an experienced consultant who will talk with you about a special needs concern by phone at no cost to you.



What can I expect during a consultation?

The consultant will listen to you and complete a needs assessment. Based on the assessment, the consultant will provide you with resources and referral options to match your family's needs. The goal of a specialty consultation is to give you practical tools that will empower you to make decisions that are right for you and your family.

Our consultants can provide you with:

- **Information about** specialized doctors, medical equipment resources and navigating medical benefits
- **Educational information** about early intervention, special education and options available when your child graduates from high school
- **Supports for adults**, including information on insurance and navigating Supplementary Security Income, Medicare and Medicaid; plus comprehensive research on grants, support groups, in-home care, residential care and help during deployments
- **Recreational referrals** to specialized summer camps and other extra-curricular activities
- **Referrals to legal and financial resources** specific to special needs families
- **Caregiver wellness referrals** for support groups and stress management and counseling resources
- **Respite care resources** through TRICARE or community programs, as well as through each service branch
- **Other resources available to you through Military OneSource**, including Military OneSource financial services and a comprehensive special needs resource section at www.militaryonesource.mil/efmp.

What kinds of concerns?

Our consultants can help you with a wide range of concerns you may have about your family member:

- **Child special needs**, including medical, behavioral, physical and educational (including early intervention); many of our consultants have extensive experience working with families of children diagnosed with autism-spectrum disorders, and intellectual and physical disorders
- **Adult special needs**, including medical, physical and psychiatric; consultants can help you find resources for challenges such as multiple sclerosis, Parkinson's disease, depression, anxiety disorders, chronic back pain, seizure disorder, cancer and adults with childhood-onset conditions such as cerebral palsy and autism spectrum disorders

Who are the consultants?

The person who provides your consultation will be a licensed, master's-level professional with extensive experience in the field of special needs.

Many consultants bring personal experience to the job. They may have children of their own with special needs, have been raised with a family member with special needs or may have special needs themselves.

How do I set up a special needs consultation?

Call 800-342-9647 and ask to schedule an appointment with a special needs consultant at no cost to you. You can also go to the Military OneSource website at www.militaryonesource.mil and ask online to schedule an appointment.