

DID YOU KNOW?

General Parenting

1. Did you know that children who grow up with routines and stability are more likely to succeed in school and thrive in relationships throughout life? Do you know that your [Family Advocacy Program](#) can provide you with great resources to help learn how to provide a safe and nurturing environment for your children?
2. Did you know that children of a certain age commonly resist sharing, throw tantrums, avoid telling the truth and take things that don't belong to them? Do you know that you can sign up for free email newsletters, such as [From Baby to Big Kid](#), [The Parent Review](#), [Text4Baby](#) and [Just in Time](#), to help you sort out what's normal vs. what might require further attention?
3. Did you know there are more effective ways than spanking to stop unwanted behaviors and to safely discipline children? Do you know that [Military OneSource](#) is available 24/7 online or by phone at 800-342-9647 to provide support and information on tools, techniques and resources for raising respectful, responsible children?
4. Did you know that stress can cause children to act out in negative ways? Do you know that Military OneSource offers several [parenting products](#) designed to help kids cope with stressful situations like divorce and deployment?
5. Did you know that adolescents need their parents' love, understanding and careful supervision more than ever? Do you know that [Military OneSource](#) and/or your installation military and family support center or Family Advocacy Program can offer information and resources for parents seeking to be both reasonable and responsible?



For more information and resources, visit the [Parenting Page on Military OneSource](#) or call 800-342-9647.