

# Is this abuse?



Learn the warning signs of abuse. Talk to us. Help is available.



Contact your installation's Family Advocacy Program or  
Military OneSource 800-342-9647 | [www.MilitaryOneSource.mil](http://www.MilitaryOneSource.mil)  
The National Domestic Violence Hotline 800-799-7233 | [www.TheHotline.org](http://www.TheHotline.org)

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OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH





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