OCTOBER IS National Domestic Violence Awareness Month

Relationships must be safe: EVERYONE PLAYS A ROLE IN PREVENTING DOMESTIC VIOLENCE.

Commanders, senior leaders, friends, neighbors, co-workers and professionals are all touch points or gateways to support.

Love is not abuse. Learn more about healthy dating and relationships through your installation's Family Advocacy Program, or call Military OneSource at 800-342-9647 or www.militaryonesource.mil.

Look out for one another. If you are concerned about a friend or co-worker, reach out and offer a helping hand.

Domestic violence is contrary to military values and community standards. If you see disrespectful or abusive behavior, have the courage to speak out against abuse.

When domestic violence occurs, the Family Advocacy Program supports victims and provides treatment for offenders.

If someone you know is being abused, call law enforcement immediately. If you are being abused, contact your installation Family Advocacy Program for reporting options and support services or the National Domestic Violence Hotline at 800-799-7233.