



MC&FP FACT SHEET

Plan My Deployment

Background

While deployments present special challenges for service members and their families, proper planning can help ease stress and promote individual and family readiness. To assist service members and their families throughout the deployment cycle, the Department of Defense developed Plan My Deployment. This online application helps service members and their families plan for predeployment, deployment, and reunion and reintegration by providing a customized deployment plan based on the user's military status/service, family composition and anticipated deployment date.

Highlights

- Plan My Deployment breaks the deployment process down into clear manageable steps and helps service members and family members organize the phases of deployment by providing access to planning tools and helpful tips.
- The application provides information, customized to service components, on a wide-range of topics including preparing legal documents prior to deploying, operations security during deployment and returning to the workplace after deployment for National Guard and reserve members.
- It provides the option of a log-in so users can come back to their information and always find what they need.
- Contact information for resources and programs is included throughout the application to make it easier for service members and families to complete their deployment-related tasks and address any deployment-related issues.

Data



Since September 11, 2001, more than two million service members have deployed to Iraq or Afghanistan.

Additional Information

Plan My Deployment

<https://apps.militaryonesource.mil/pmd>

Military OneSource

www.militaryonesource.mil

