



## Military Community and Family Policy Fact Sheet

### Data

- ✓ *Military OneSource offers educational items at no cost to military families, including checklists, booklets, books and DVDs designed to support service members and families in all phases of their lives, including deployment and moving.*
- ✓ *Additional Sesame Workshop products for military families include “Talk, Listen, Connect,” “Little Children, Big Challenges: Divorce” and “When Families Grieve.”*

### Additional information

**Military OneSource**  
<http://www.militaryonesource.mil/products>

**Sesame Workshop**  
<http://www.sesameworkshop.org>

## Sesame Workshop Child Resilience Initiative: Little Children, Big Challenges

### Background

Sesame Workshop is a nonprofit educational organization that brings critical lessons to children across the world, including products for children of deployed parents, toolkits for children who have lost a loved one and children whose parents are going through a divorce. In December 2013, Sesame Workshop released “Little Children, Big Challenges” as a part of their Child Resilience Initiative. The softcover book and DVD are available at no cost to military families through Military OneSource.

### Highlights

- Sesame Workshop’s Child Resilience Initiative is a multiyear, bilingual community engagement strategy focused on helping young children confront challenges such as a playground conflict, bullying, relocation or a family member’s divorce.
- The Sesame Street characters tell stories and provide strategies for success to children ages 2 to 5 and their families, to build important resilience and perseverance skills that allow them to overcome challenges large and small.
- The multimedia toolkit was developed with input from psychologists and child development experts, and is designed to bolster children’s sense of self, help them develop positive conflict resolution skills and express their feelings in positive ways.

