



Military Community and Family Policy Fact Sheet

Data

- ✓ Nearly three-quarters of married, active-duty service members live off installation.
- ✓ Military OneSource offers a range of services for service members and their families including transition support for all components, regardless of activation status.
- ✓ Call 800-342-9647 or visit Military OneSource 24/7/365 to get your spouse relocation and transition specialty consultation started by phone or online.

Additional information

Military OneSource
<http://www.militaryonesource.mil>

Department of Defense
Transition Assistance Program
<https://www.dodtap.mil>

Military OneSource Specialty Consultation: Spouse Relocation and Transition

Background

A military life move or transition doesn't have to be an overwhelming experience for military spouses. Military OneSource offers free spouse relocation and transition specialty consultations to help military spouses navigate moving and transition-related challenges. These consultations are particularly ideal for spouses who are unable to attend classes or workshops, or who need scheduling flexibility. Military OneSource spouse relocation and transition specialty consultants are familiar with the broad array of resources available through Military OneSource, and in military and local communities. Eligible spouses can call Military OneSource 24 hours a day, seven days a week to schedule an appointment.

Highlights

Military OneSource can help military spouses every step of the way, whether they're PCSing or transitioning out of the military. Consultants assist military spouses by:

- Creating an individualized action plan and identifying resources that may include information on housing, child care, education, work-life referrals, health and wellness coaching, non-medical counseling services and more
- Providing an ongoing relationship with a specific consultant, with regularly scheduled follow-ups
- Offering specialty consultations by telephone and online

