



## National Veterans and Military Families Month – Fact Sheet

### Resources for Taking Care of Our People

#### Helpful resources

This November, the Defense Department and Military OneSource are highlighting resources for service members, their families and transitioning veterans on our National Veterans and Military Families Month webpage: <https://www.militaryonesource.mil/parenting/family-life/military-family-appreciation/>.

These resources align with the month’s theme, Taking Care of Our Military Families, and include content about relationships, financial security, work-life balance and transitions. We’ll spotlight each of these topics throughout the month with the most up-to-date and relevant resources from Military OneSource and its enclave of websites, such as courses from MilLife Learning.

We’ll also be highlighting resources on our Military OneSource and Spouse Education and Career Opportunities social channels. Follow along and share posts you think will be fun or helpful for families in your community.

#### Support whenever it’s needed

Military OneSource consultants are available 24/7 all year long. The DOD wants to ensure military families have the support they need to enhance their well-being. See all the ways we support military families at <https://www.militaryonesource.mil/parenting/family-life/military-family-appreciation/>.

Every November, the Defense Department and the military community celebrate military families and transitioning veterans during National Veterans and Military Families Month.

#### Join the celebration:

- Resources to support the well-being of service members, families and transitioning veterans

<https://www.militaryonesource.mil/media/toolkits/service-provider/national-veterans-military-families-month/>



U.S. Department of Defense

Taking Care of Our Military Families

MILITARY ONE SOURCE