Do you suspect your child is a victim of teen dating violence?
Do you know the warning signs? Do you know what resources are available to help protect your teen?

Teen dating violence includes physical, sexual, psychological/emotional violence and stalking within a current or former teen dating relationship. It can occur in person or electronically in the form of excessive texting, sexting or derogatory posts on social media sites. It’s critical that parents and peers have the courage to take action when they suspect abuse.

**Warning signs**

» Your teen’s boyfriend or girlfriend is overly jealous or possessive.
» You notice unexplained bruises or marks.
» The boyfriend or girlfriend emails or texts your teen constantly.
» Your teen is frequently worried about the boyfriend’s or girlfriend’s approval.
» Your teen seems depressed, withdrawn or not interested in activities.
» The boyfriend or girlfriend uses social media sites to threaten or demean your teen.
» Your teen makes excuses or assumes responsibility for the boyfriend’s or girlfriend’s behavior.

**Where to get help?**

» Loveisrespect.org – Call 866-331-9474, text “loveis” to 25222 or visit [http://www.loveisrespect.org](http://www.loveisrespect.org).
» School counselors
» Local or installation law enforcement – Contact law enforcement to take legal action against abusers.

Learn more about Military OneSource’s confidential non-medical counseling – Call 800-342-9647 or visit [http://www.militaryonesource.mil](http://www.militaryonesource.mil).