

Deep Dive: Ambassadors for Health

Implemented

Overview



- **Program Objective:** Ambassadors for Health aims to create a culture of health and wellness within Military Treatment Facilities (MTFs)
- **Point of Contact:** CAPT (Dr.) Joseph McQuade – Director Public Health, Naval Hospital Jacksonville, FL
- **Total Force Fitness Domains:** Social, Nutritional

Program Description



Ambassadors for Health is a program that aims to create a culture of health and wellness within the Military Treatment Facilities (MTFs), to serve as examples for the DoD community to follow. This initiative addresses the “Life Space” for the work environment by utilizing Prevention Partners’ WorkHealthy AmericaSM assessment and improvement tool to benchmark military hospitals and clinics against the latest scientific evidence for what works to support health and wellness. See www.forprevention.org/workhealthyamerica. Using the results from the assessment and tailored recommendations, in conjunction with the Prevention Partners team, MTFs develop action plans to create an environment supportive of physical activity, nutritious eating, and tobacco-free living.

Implementation Progress



- Ambassadors for Health is being piloted at the following six installations:
 - Yokota - Re-assessment completed
 - Jacksonville – Re-assessment completed
 - Belvoir –Re-assessment completed
 - Sill – On-Hold due to deployment of lead POC
 - New London- Baseline completed
 - Meade- Baseline completed
 - Bragg – Baseline in progress

Performance Measures



Changed in Wellness Scorecard Measures



Additional Information

- Supported by Prevention Partners

Assessment Grades as of March 5, 2015

		Culture of Wellness			Nutrition		
Organization Name	Baseline Completed	Baseline Grade	Most Recent Grade	Grade Improvement	Baseline Grade	Most Recent Grade	Grade Improvement
374 Medical Group - Yokota Air Base	4/7/14	D	A	Yes	F	D	Yes
Fort Belvoir Community Hospital	2/11/14	C	B	Yes	C	B	Yes
Kimbrough Ambulatory Care Clinic	9/24/14	C	C	No	D	D	No
Naval Branch Health Clinic Groton	9/15/14	C	C	No	C	C	No
Naval Hospital Jacksonville FL	12/3/13	B	B	No	D	C	Yes
		Physical Activity			Tobacco-Free		
Organization Name	Baseline Completed	Baseline Grade	Most Recent Grade	Grade Improvement	Baseline Grade	Most Recent Grade	Grade Improvement
374 Medical Group - Yokota Air Base	4/7/14	C	B	Yes	B	B	No
Fort Belvoir Community Hospital	2/11/14	C	B	Yes	F	C	Yes
Kimbrough Ambulatory Care Clinic	9/24/14	D	D	No	C	C	No
Naval Branch Health Clinic Groton	9/15/14	C	C	No	B	B	No
Naval Hospital Jacksonville FL	12/3/13	C	C	No	B	A	Yes

*Note: Fort Sill is on hold due to deployment of lead POC

*Note: Fort Bragg plans to begin assessment in March

Wellness Scorecard Measures as of March 5, 2015

WorkHealthy America - Wellness Quality Scorecard

MTF	Physical Activity	Tobacco-Free	Nutrition	Culture of Wellness
	<i>Current Points</i>	<i>Current Points</i>	<i>Current Points</i>	<i>Current Points</i>
374 Medical Group - Yokota Air Base	2	11	3	3
Fort Belvoir Community Hospital	7	9	9	16
Naval Hospital Jacksonville FL	4	11	5	9
Reynolds Army Community Hospital	NA	NA	6	NA
Naval Branch Health Clinic Groton	7	11	3	6
Kimbrough Ambulatory Care Clinic	3	11	5	6

Topic	Possible Points	# indicators
Physical Activity	10	4
Culture of Wellness	16	6
Nutrition	12	5
Tobacco-Free	14	5

*Note: Fort Sill is on hold due to deployment of lead POC

*Note: Fort Bragg plans to begin assessment in March