

Alliance for a Healthier Generation

Last Updated: 06/16/2015

Overview



- **Program Objective:** To reduce the prevalence of childhood obesity and to empower kids to develop lifelong, healthy habits
- **Point of Contact:** OSD/MC&FP
- **Total Force Fitness Domains:** Behavioral, Physical, Nutritional

Program Description



The Alliance for a Healthier Generation, founded by the American Heart Association and the Clinton Foundation, works to reduce the prevalence of childhood obesity and to empower kids to develop lifelong, healthy habits. The Alliance will implement the Healthy Schools Program (HSP). The HSP takes a comprehensive approach to helping schools create healthier environments by working with them to improve access to healthier foods; increase physical activity opportunities before, during and after school; enhance nutrition education; and, establish school employee wellness programs. Core content areas include: Policy & Systems, School Meals, Competitive Food & Beverages, Health Education, Employee Wellness, Physical Education, and Student Wellness.

Anticipated Impact on Population Health at Installation



The Alliance works with schools, companies, community organizations, healthcare professionals, and families to transform the conditions and systems that lead to healthier children. Through the implementation of the Healthy Schools Program, military installations will be equipped with the tools and resources they need to create healthier environments at schools and out-of-school-time sites.

Performance Measures



- Number of schools that make a positive change divided by the total number of eligible schools

Additional Information