

# Charting the Course to a Healthier Force

## Overview



- **Program Objective:** Increase the capability of health promotion staff to demonstrate the value of programs to leadership and structure meaningful outcome measures.
- **Point of Contact:** OSD/HA
- **Total Force Fitness Domain:** All

## Program Description



This comprehensive course on health promotion is designed to provide practical training on the principles and techniques for promoting evidence-based, public health practices. Participants learn how to plan, implement, and evaluate comprehensive community health promotion programs. This online 12 week class was available to all HBI sites. HBI sites participated during the period from September to December 2014.

## Implementation Progress



The following installations have confirmed attendees:

- 29 Palms
- Fort Bragg
- Fort Meade
- Pearl Harbor
- Quantico
- Cape Cod
- March ARB

## Performance Measures



Number of course participants

## Additional Information

Course Dates: This course is offered multiple times a year.