



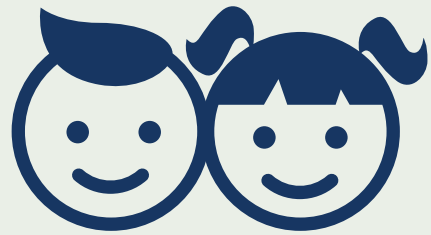
# MILITARY FAMILIES

## IMPACT OF DEPLOYMENTS: RESERVE COMPONENT CHILDREN

[www.militaryonesource.mil/web/mos/reports-and-surveys](http://www.militaryonesource.mil/web/mos/reports-and-surveys)

# Coping with Deployments

There are 606,883\* children of Reserve component members. The 2017 Survey of Reserve Component Spouses provides insights into how parental deployments impact children.



### 7 Years Old

The average age of the child most impacted by deployments



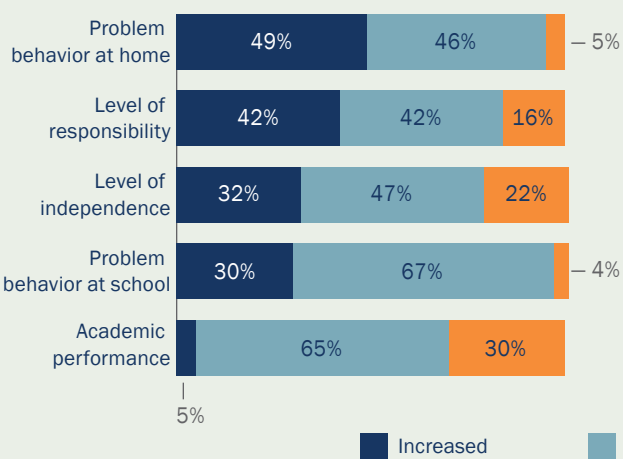
**71%** of Reserve spouses whose husband/wife recently deployed had one or more children living at home at least part-time

**83%** indicated their use of child care increased during the most recent deployment

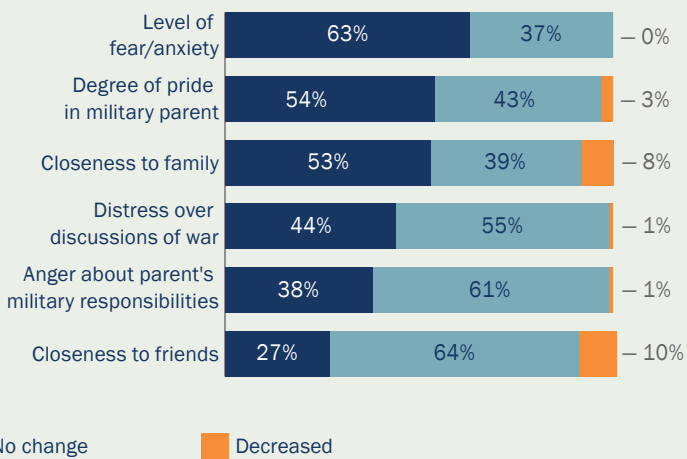
- 58%** indicated their child(ren) **coped well** with their parent's most recent deployment
- 73%** indicated their child(ren) **stayed well connected** to their deployed parent during the deployment
- 82%** indicated their child(ren) **reconnected well** with their deployed parent upon their return home

## Impacts of Deployment

### ON BEHAVIOR



### ON EMOTIONS



- ### 5 Most Important Coping Mechanisms<sup>‡</sup>
- Home parent's ability to maintain stable household routine
  - Communication with the deployed parent
  - Home parent support for the deployment
  - Family member support for the deployment
  - Geographic stability

**RESOURCES FOR FAMILIES**  
Military spouses can receive support at no cost, including family life counseling, at:

**MILITARY ONESOURCE**  
800-342-9647  
[www.militaryonesource.mil](http://www.militaryonesource.mil)

\*This data point taken from the 2016 Demographics Profile of the Military Community.  
‡ As reported by Reserve spouses about their children who experienced a deployment  
Data presented are reported by Reserve component spouses about their children on the 2017 Survey of Reserve Component Spouses