



MILITARY FAMILIES

IMPACT OF DEPLOYMENTS: RESERVE COMPONENT SPOUSES

<http://www.militaryonesource.mil/web/mos/reports-and-surveys>

Deployment Statistics for Reserve Spouses

There are 367,706* spouses of Reserve component members. The 2017 Survey of Reserve Component Spouses provides insights into how member deployments impact their spouses.

In the past 2 years...

35% have had their Reserve component member be activated

17% have had their Reserve component member be deployed for 30 days or more

49%

Reported that their Reserve component member's deployment was to a combat zone

1.6

Average deployments in last two years

Top-Cited Issues During Member's Deployments



92%

Increase in stress levels



88%

Loneliness



85%

Feelings of anxiety or depression



84%

Home/car repairs/maintenance and/or yard work

Post-Deployment

12%

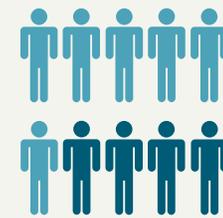
of Reserve spouses have had a member return home from a deployment in the past 24 months

76%

of Reserve spouses indicate that readjustment and reintegration are going well for them

59%

of all Reserve spouses support their husband/wife staying in the Reserve even with the possibility of lengthy/frequent deployments



Deployment Support

89%

Received support **prior to** their member's most recent deployment



40%

Were satisfied with the support **prior to** deployment

89%

Received support **during** their member's most recent deployment



31%

Were satisfied with the support **during** deployment

66%

Received support **after** their member's most recent deployment ended



30%

Were satisfied with the support **after** the deployment ended

RESOURCES FOR FAMILIES
Military spouses can receive support at no cost, including family life counseling, at:

MILITARY ONESOURCE
800-342-9647
www.militaryonesource.mil