



# MILITARY FAMILIES RESERVE COMPONENT SPOUSES

[www.militaryonesource.mil/web/mos/reports-and-surveys](http://www.militaryonesource.mil/web/mos/reports-and-surveys)



## Reserve Spouse Demographics

There are 367,706\* Reserve component spouses.



### Well-being



61%

of Reserve spouses  
indicated that their health  
is very good or excellent



83%

of Reserve spouses  
reported being satisfied  
with their marriage



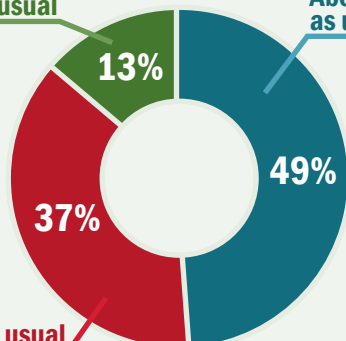
68%

of Reserve spouses  
reported that they are  
financially comfortable

### Current Level of Personal Stress

Less than usual

About the same  
as usual



More than usual

### RESOURCES FOR SPOUSES

Need information or resources to support your life as a military spouse? Information and resources for parenting, spouse education and employment, managing stress, and more can be found at:

**MILITARY  
ONESOURCE**

800-342-9647  
[www.militaryonesource.mil](http://www.militaryonesource.mil)

37yrs

the average age of  
Reserve spouses

The average Reserve  
spouse has been a  
military spouse for

9yrs

86%

of Reserve spouses  
are female



78%

of Reserve spouses  
have at least one child  
or legal dependent



### Education and Employment

54%

of Reserve spouses  
have at least a  
bachelor's degree

21%

of Reserve spouses have  
an advanced degree  
such as master's degree,  
PhD, JD, or other  
professional degree

77%

of civilian Reserve  
spouses are in the  
labor force†



8%

of civilian Reserve spouses  
are unemployed despite  
seeking/wanting employment†

