There are 367,706* Reserve component spouses.

**Well-being**

- **61%** of Reserve spouses indicated that their health is very good or excellent.
- **83%** of Reserve spouses reported being satisfied with their marriage.
- **68%** of Reserve spouses reported that they are financially comfortable.

**Current Level of Personal Stress**

- **37%** More than usual
- **49%** About the same as usual
- **13%** Less than usual

**RESOURCES FOR SPOUSES**

Need information or resources to support your life as a military spouse? Information and resources for parenting, spouse education and employment, managing stress, and more can be found at:

MILITARY ONE SOURCE
800-342-9647
www.militaryonesource.mil

**Education and Employment**

- **54%** of Reserve spouses have at least a bachelor’s degree.
- **21%** of Reserve spouses have an advanced degree such as master’s degree, PhD, JD, or other professional degree.
- **77%** of civilian Reserve spouses are in the labor force†
- **8%** of civilian Reserve spouses are unemployed despite seeking/wanting employment†

*Sponsored by Military Community and Family Policy, conducted by the OPA
†This data point taken from the 2016 Demographics Profile of the Military Community. Data presented are from the 2017 Survey of Reserve Component Spouses.