

## Congratulations on your decision to join the Armed Forces!

Military OneSource is an important benefit the Department of Defense provides at no charge to you, your spouse, and children. Your eligibility to use Military OneSource starts the moment you sign your contract and join the Army, Air Force, Navy, or Marine Corps. While you are waiting to report to initial military training, you may use the Military OneSource website and call center consultation and services. Once you ship to initial military training (Basic Combat Training, Basic Military Training School, or Boot Camp), you are eligible for all Military OneSource services including counseling services.

You do not need to be deployed, activated, or in a training status to be eligible. Your parents can also use Military OneSource when they need assistance with issues directly related to you. They may also contact the service on your behalf. For more information, check out the <u>eligibility matrix</u> on the Military OneSource website.

Whether you need help with everyday issues, military benefits, relocation information, personal finances, or resources for other special circumstances, you can call Military OneSource **24 hours a day, 7 days a week at 1-800-342-9647 and talk with an expert who will help\***. You can also use the Military OneSource website at <a href="https://www.militaryonesource.com">www.militaryonesource.com</a> to learn more about the program read articles, access the online libraries, order educational CDs (also downloadable), DVDs, and booklets on a vast range of topics such as child care, motorcycle safety, relocation, deployment and much more.

## **Using the Military OneSource Website**

The Military OneSource website provides great information and resources, and lets you download articles, podcasts, CDs and order free educational materials. To register, follow these simple steps:

- 1. Go to www.militaryonesource.com.
- 2. At the top center of the homepage click <u>Join Now/Register</u>
- 3. Select your Branch.
- 4. Select the state where you live now.
- 5. If you are in the Guard or Reserve, pick National Guard or Reserve for your state. If you are in the active force, select one of the following according to your branch:
  - Army: Army future Soldier/BCT/AIT/Cadet
  - Navy: Navy Recruit/DEP/Boot Camp/Midshipman
  - Air Force: Air Force Recruit/DEP/BMETS/Cadet
  - Marine Corps: Marine Recruit/DEP/Boot Camp/OCS
- 6. Establish a username and password and check the eligibility verification box.
- 7. Save and you are done!

Thank you for your service and good luck in your military career!

\*Military OneSource is a confidential service and you will be read a statement describing the scope and limitations of privacy at the beginning of your telephone consultation. Information is kept confidential except where a threat of harm to self or others is involved, or where required by law