Need to talk?

Make the most of your money.

The Military and Family Life Counseling Program includes personal financial counselors who can guide you and your family with financial strategies to help you reach your goals.

Personal financial counselors can help with topics like:

- Creating a budget
- Setting financial goals
- Consolidating debt
- Purchasing a home or car
- Saving and investing
- Educating school-age children on spending and saving
- Providing referrals to other services as needed

Personal financial counseling sessions are free and confidential* (no records kept). Available sessions include:

- After-hours and weekend appointments
- Group or off-site meetings

Call your local personal financial counselor to make an appointment.

Discover what the Military and Family Life Counseling Program offers at http://www.militaryonesource.mil/confidential-help/mflc.

*Exceptions to confidentiality include mandatory state, federal and military reporting requirements (including domestic violence, child abuse and duty-to-warn situations).