



5 Stress-Free Holiday Thank You Card Tips

With all the hustle and bustle of the holidays, don't get stressed out by adding another tedious task to your to-do list. Follow these tips for stress-free thank you cards:

Have your children write their own thank you cards. This will save you time and they can add a personal touch like drawing a picture with their note.

Record your family members using their gifts and send the video to the gift-giver. You can use your cell phone and make a short video of each person using his or her gift and giving a verbal thank you. You can then send the video to a cell phone, email or post it on social media.

Say thank you in person. When you receive gifts in person, thank the person on the spot. Reserve sending thank you cards for gifts you received by mail.

Combine your holiday cards with your thank you cards. Opt to send out New Year's cards and jot down a thank you inside. This will give you more time to send your holiday cards while you save postage by sending one card to each person instead of two.

Send an e-card. Cut your postage costs down to nothing by sending an e-card to thank people for gifts.

To help keep stress at bay during the holidays or at any time throughout the year, reach out for confidential [non-medical counseling](#) by visiting [Military OneSource](#) or by calling 800-342-9647.

