

SEQUESTRATION affects on Fleet and Family Readiness Programs.

Due to the Sequestration's reductions on funding, many programs and services at Naval Station Everett/Smokey Point Navy Support Complex will be affected. Some services may be unavailable while programs may be restricted or reduced. Many program hours are being modified due to staffing furloughs. These changes may occur from one moment to the next. Current changes are posted below:

## Sequestration changes to Naval Station Everett Fleet and Family Programs

PROGRAM	EFFECT	SPECIFICS
Seismos Fitness Center	<b>Update</b>	Monday-Friday: 0530-2030 Saturday: 0900-1600 Sunday/Holiday: 1030-1600
Tuesday Fitness Classes	<b>Update</b>	TRX, 0600-0700, Court 4 360 Core & More, 1130-1230, MPR Dynamic Spin, 1600-1700, MPR
Wednesday Fitness Classes	<b>Update</b>	Dynamic Spin, 1130-1230, MPR
Thursday Fitness Classes	<b>Update</b>	Indoor Cycling, 0600-0700, MPR Functional Performance, 1130-1230, MPR TRX, 1600-1700, Court 4
Friday Fitness Classes	<b>Update</b>	NOFFS, 0730-0830, Gym Indoor Cycling, 1130-1230, MPR
Fitness Classes/Events	<b>Cancelled</b>	Zumba and Cardio Kick Aerobics Fun runs, command challenges, and Health Fair
Available by request	<b>No Change</b>	Command PT Personal Training/Body Composition Analysis
Tsunami Pool	<b>Update</b>	Monday-Friday: 0600-1300 (lap swimming) Monday-Friday: 1300-1600 (pool closed) Monday-Friday: 1600-1900 (lap swimming / swim lessons) Friday only: 1600-1900 (recreational swimming) Saturday/Sunday/Holidays: Closed Free Family Swim 1st/3rd Friday of month continue Water Aerobics and Saturday Swim lessons <b>cancelled</b>
Intramural Sports	<b>Update</b>	All on schedule except Spring Golf which is <b>cancelled</b> Call 304-3935 for local golf course referrals

Fleet and Family Support Center Smokey Point/Waterfront Site	<b>Update</b>	Monday, Tuesday, Thursday, Friday: 0800-1600 Wednesday (0800-1100), Smokey Point closed for training Wednesday (0800-1300), Waterfront Site closed for training Saturday/Sunday: Closed
Liberty Program	<b>Update</b>	Vibes: Daily (1500-2200) Pierside: Mon-Fri (0800-1400); Sat/Sun/Holidays <b>(closed)</b> <b>No on-site staff at Pierside</b> <b>Single Sailor trip subsidy eliminated</b>
Outdoor Recreation	<b>No Change</b>	Monday-Friday: 0900-1700 Saturday/Sunday: Closed
Auto Hobby Shop (SP)	<b>Update</b>	Monday-Thursday: Closed Friday-Sunday: 0900-1730
Unit Allocation Funds	<b>Update</b>	On hold for 3rd and 4th qtrs
Retired Affairs Seminar	<b>Cancelled</b>	18 May event cancelled
Community Events	<b>(T)</b> <b>Cancelled</b>	Freedom Fest, Party in the Plaza (Base Picnic) <b>(T) = tentative</b>
Deployed Forces Events	<b>(T)</b> <b>Cancelled</b>	Seafair Fleet Week activities/Seafair Ship Rider Program
Youth Activities	<b>Cancelled</b>	All activities cancelled including 4 April Kids Deployment Camp, Children of Deployed (COD) mtgs, Easter Egg Hunt
Barracks	<b>No Change</b>	Linens, washing machine repair, cable TV reinstated
Child Development Center (CDC)	<b>No Change</b>	Operational hours remain the same
Pacific Beach	<b>No Change</b>	MWR recreation area
Jim Creek	<b>No Change</b>	MWR recreation area
NGIS	<b>No Change</b>	Smokey Point