Moving Overseas Checklist

When going through this checklist the first time, think about how long it will take to complete a task. Annotate the start date next to the task and then, check it off when completed.

Preparing for your move

Check your passport to ensure it will be valid for the length of your overseas assignment. If necessary, apply for a passport or a renewal.
Determine if you need a visa and, if you do, submit your visa application.
Arrange for finances and banking.
Make pet travel arrangements. Determine if there are in-country entry requirements and quarantine requirements.
Check with your sponsor to determine what hard-to-find items you should bring with you.
Make copies of important documents and leave with a family member or friend, or place them in a safe deposit box.
Sort your personal property into groups of items you will donate, discard, store or move.
Make a list of items you want to include in your unaccompanied baggage.
Sell or donate any unneeded vehicles, appliances or other items (such as bikes or toys).
Purchase hard-to-find items, such as eyeglasses.
Back up computer files to a separate location.
Make sure all military ID cards are up to date (for family members age 10 and older).
Put together a list of important phone numbers, including emergency relief numbers (both hard copy and electronic).
Provide itinerary to family and friends.
Check weather en route and at your destination.
Confirm travel reservations and excess baggage allowances.
Confirm lodging reservations.
Check housing options.
Check school options.
Plan your moving budget.

Packing list

First aid kit
Maps and driving directions to and from airports
Electronics, including laptop, camera, phone (including chargers)
Travel documents (including itinerary with reservation numbers)
Money, debit cards and credit cards
Identification, passports and other travel documents
Important documents, such as school transcripts, individualized education program (IEP), resume and other documents you may need before your household goods arrive (both hard copy and electronic)
Prescription medication
Extra glasses, contact lenses, sunglasses and other medical necessities
Rain jacket and umbrella
Diaper bag with diapers, wipes, ointment, pacifier
Car seat and stroller
Blanket and favorite stuffed animal
Snacks for kids