

Military OneSource Support:

Program Overview/Briefing – Military OneSource will provide a broad overview of the various types of services available telephonically, on the web or face to face. Based on available time the briefing can be tailored to meet scheduling demands between 30 minutes – 1 hour. The Military OneSource briefing is available at www.militaryonesource.com in the [Provider Tools](#) section of the website for download in English and Spanish. Other languages are in the process of development i.e. Japanese and Korean and will be posted on the site in the near future.

Training – Military OneSource can provide train-the-trainer, teleconference or web-based (Webinar) training to your staff that will equip them to present the essentials of the Military OneSource program. This training is available to meet those short notice requirements where it is impractical to engage a member of the outreach staff. The train-the-trainer instruction will assist your staff in developing the subject matter expertise on Military OneSource services.

Resource Booth/Table – A Military OneSource booth or table is set up with educational materials and resources available to service members, families and service providers. An outreach assistant will be at the booth or table to answer questions, provide additional information and sign up individuals for the website.

Material Only – Military OneSource has free promotional materials available in a variety of formats (magnets, wallet cards, brochures, flyers, etc). These materials are an excellent tool in assisting units and installation support services in their efforts to educate the military community about Military OneSource. If it is determined that your event will be supported by materials only, a Military OneSource Representative will ship promotional materials to the address provided on the request form to the attention of the requestor. The promotional materials list is available for viewing at www.militaryonesource.com in the [Provider Tools](#) section of the website. Materials can be ordered at anytime by completing the [online form](#) and e-mailing it to MOS.Promotional.Materials.Request@MilitaryOneSource.com or you call 1-800-342-9647 to speak with a consultant who can guide you through the automated process. In the absence of online accessibility the consultant can complete the form on your behalf.

Military and Family Life Consultant (MFLC) Support:

MFLC (Life Skills Consultant) :

Military and Family Life Consultant (MFLC) support is aimed at enhancing operational and family readiness. MFLCs provide private and confidential short-term, situational, problem-solving counseling services to individuals, couples, families, and groups.

MFLC consultants have earned at least a master's degree in a mental health related field, such as social work, psychology, marriage and family therapy or counseling, are licensed by a state or territory to provide independent practice in their field, and have completed a background investigation.

MFLC Support:

Counseling: MFLC(s) provide non-medical, short term, situational, problem-solving counseling support designed to help Service members and their families cope with normal reactions to the stressful/adverse situations associated with the military lifestyle. MFLC(s) utilize a “coaching/walk around” approach and provide direct one on one counseling support. Counseling is limited to defined problem areas that address situational “problems-in-living.” Long term counseling needs will be referred to a Military Medical Treatment Facility, TRICARE, or other providers of professional mental health care.

Program Overview: MFLCs are available to provide a program overview briefing and discussion regarding the many ways MFLCs can support the unique needs of military service command units, troops and families.

Education and Training: MFLCs provide education and training on a wide variety of topics such as; but not limited to:

Anger Management	Parent/Child Communication
Conflict Resolution	Parenting
Coping Skills	Reintegration
Deployment Stress	Relationship/Family Issues
Grief and Loss	Relocation Adjustment
Homesickness	Separation

MFLC(s) use a psycho educational approach to help participants understand the impact of deployments, reunions, and other factors associated with the military lifestyle. The goal is to provide information about signs and symptoms of potential problems, how to address them, where to turn for help, and when to seek medical assistance.

Resource Booth/Table: MFLCs provide a variety of educational materials that address military family life support available to Service members and their families, service providers, and command leaders. This resource booth/table is an excellent source of information and assistance for attendees at command sponsored family days, Yellow Ribbon/deployment support /reintegration programs, conferences, trainings and similar events.

Personal Finance Support:

Program Overview/Briefing – Representatives from the Department of Defense (DoD), Military Community and Family Policy, Offices of Counseling and Personal Finance provide an overview PowerPoint/verbal briefing of 20-30 minutes. It includes:

- A broad description of the on-going DoD Financial Readiness Campaign
- An overview of the financial readiness resources and support programs available to Service

members and families

- A discussion of financial readiness educational workshops available to service providers, service members and/or their families
- An introduction to such financial and transition-related websites as Military OneSource, MilitaryHOMEFRONT, and Turbo TAP ,

Training – Personal Financial Counselors can deliver educational presentations on a wide variety of financial readiness topics customized to meet command needs. They are generally 30-60 min interactive briefings on topics such as:

Financial Planning for Deployment
Make Your Ideal Retirement a Reality
Strategies for Home-Buying
Insurance Essentials
Avoid Drowning in Debt
Making the Most of your Military Benefits
Thrift Savings Plan (TSP)

Develop a Spending Plan
Simple Tips for Saving & Long Term Investing
Charge Wisely!
Stretching My Money in a Tight Economy
Successful Car Buying Strategies
Investing in a Turbulent Market
Truth and Myths of Credit Reports

Financial Counseling – Fully-certified and credentialed Personal Financial Counselors (PFCs) provide one-on-one counseling services on a pre-registered appointment or walk-in basis as arranged by the command (e.g. private sessions for individuals or couples) or on-demand in a more public, open-forum "Ask Me About Finances" basis. Private sessions fill-up fast!

Resource Booth/Table – A Personal Finance table or booth provides financial educational materials and resources designed to meet the unique needs of military Service members, families and service providers. Booth representatives answer questions and provide warm-hand-offs to appropriate sources of follow-on assistance.