

## FAMILY RE-INTEGRATION DVD/VIDEOS & HANDOUTS

This DVD/CD includes a puppet video program for six to eleven year olds (“*Mr. Po and Friends*”) and a teen interview video for twelve to nineteen year olds (“*Promoting Resilience in Your Family*”) dealing with family deployment issues. Viewing the interactive video programs with your children can help decrease some of the negative outcomes of family separation. Parents, guardians, and community support providers will learn right along with the children by viewing the video and discussing the questions and issues provided in the facilitator’s guides with the children during and/or after the program. This reintegration family tool kit provides a simple, direct way to help communities reduce tension and anxiety, and utilize mental health resources more appropriately; promoting healthy coping mechanisms for the entire deployment cycle that will help families readjust more quickly on redeployment.

We suggest you review the script and facilitator’s guide(s) before presenting the program in preparation for the presentation. This will allow you to emphasize certain sections or add local information at the right time to best support your local needs. Some communities may choose to present a live version of the program, revising the scripts to provide a program addressing local community issues and including available local support resources.

**Put the disc in your computer CD/DVD drive and right-click on the DVD/CD icon to open it as a CD to view and download the documents and handouts, or open it directly as a DVD to play the programs (I.e. with PowerDVD).**

The Microsoft Word documents can be saved as Adobe Acrobat format for easier sharing via email with support group team members. We invite you to make copies of the DVD/CD and distribute it to line unit support and family readiness groups, primary care and mental health clinics, libraries, social workers, community health nurses, schools, churches, scout troops...anyone who you feel may want to lead a discussion for small or large groups. The videos were made to be utilized during the Sustainment phase of deployment, but can certainly be used before, during, or after deployment, for optimum reintegration!

View an article on the child video at <http://www.patin.info/george/pocompass.jpg> and the teen video at <http://www4.army.mil/news/article.php?story=9136>.

Feel free to contact us with any questions. Thanks for all you do to support families who are serving their country through deployment!

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