



REGIONAL JOINT SERVICES FAMILY ASSISTANCE WORKSHOP



Resources for Providers and for Families with Special Needs

Sponsored by The Office of the Secretary of Defense, Military Community & Family Policy (OSD/MC&FP)

Department of Defense

*Special
Needs*



Parent
Tool Kit



Module One | Birth to Age Three



Module One | Birth to Age Three

Module One:

- Identification.
- Early Intervention & Part C of the Individuals with Disabilities Education Act (IDEA).
 - Referral
 - Evaluation
 - Eligibility
 - Individual Family Service Plan (IFSP) components
 - Services

"The first few years after the diagnosis I was struggling with the dire predictions, but I can see now that we are going to be fine"

Louise-mom to son diagnosed with Autism,



Child development research shows that the rate of human learning and development is most rapid in the preschool years. If the most teachable moments or stages of greatest readiness are not taken advantage of, a child may have difficulty learning a particular skill at a later time.

Module Two | Special Education



Module Two | Special Education

- Part B Individuals with Disabilities Education Act
- Special Education Cycle
 - Referral
 - Evaluation
 - Eligibility
 - Placement
 - Annual & Tri-annual reviews.
- Mediation & Due Process
- Section 504 of the Rehab. Act of 1973.

"I wish I had known from the beginning that being assertive doesn't necessarily mean being a witch. You really do catch more flies with honey than vinegar"

Adriana-Mom to a daughter who has Downs Syndrome.



If you move to a new state mid year, the school must provide comparable services to the previous IEP until the new school conducts an evaluation and develops a new IEP.

Module Three | Health

Benefits



Module Three | Health Benefits

TRICARE

- Prime & Prime Remote
- Standard
- Extra
- Pharmacy Benefit
- Extended Care Health Option (ECHO) & ECHO Home Healthcare (EHHC)
- Skilled Nursing Facility Care
- Hospice Care
- Mental Healthcare
- Case Management
- Beneficiary Assistance

IDEA & TRICARE

Medicaid, Medicare, WIC & SSI

"When I talk to other moms with similar challenges we blow off steam, share ideas, and know that we aren't alone"

Marcie, mom to twin girls with Down Syndrome



Module Four | Families in Transition



Module Four | Families in Transition

Families in Transition:

- Relocating
- Traveling with Kids
- Spouse Employment
- Deployment
- Disaster Preparedness
- Transition to Adulthood
- Caring for your Adult Child
- Hospice Care
- Resources

*"As parents we are our family's
best advocates"*

*Katrina, mom to a daughter with
Downs Syndrome*



You can call Military OneSource (1-800-342-9647) for a "Know Your Neighborhood" report. This will give you some information in hand as you discuss your new home with your children.

Module Five | Advocating for Your Child



Effective Communication

Getting Organized

Medical Advocacy

Educational Advocacy

Benefits Advocacy

Teaching Your Child To Self Advocate

Influencing Public Law

Resources

"The reality is that our children are likely to outlive us. If we don't give them the skills to survive when we are gone, what are we doing?"

Heather Hebdon, Director of Specialized Training of Military Parents

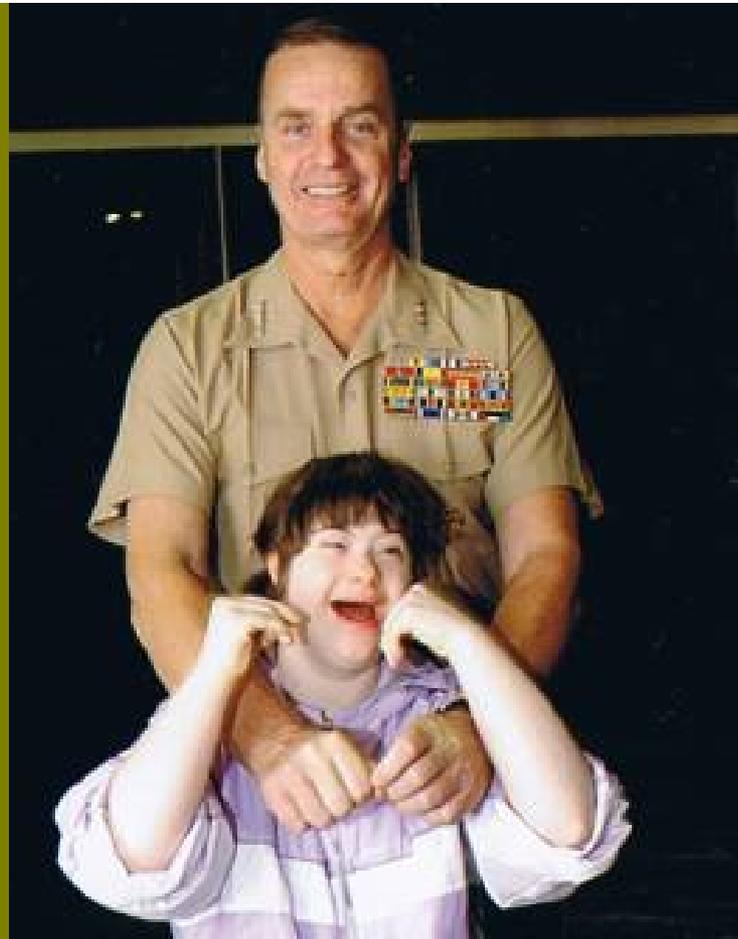


Advocacy is by nature a thoughtful activity. Parenting is an active and emotional activity. Blending the two can be difficult, but when done well, educated, organized, and loving parents are formidable advocates.

Distribution Solutions

- Tool Kit files are the property of the DoD
 - Available in PDF format on MilitaryHOMEFRONT's Special Needs/EFMP homepage & Tool Box sections.
 - Download and save into a file or CD.
 - Download and print.
- URL: <http://www.militaryhomefront.dod.mil/efm>

Module Six | Resources and Support



Module Six | Resources and Support

Military Community Resources

- Family Support Centers
- New Parent Support Program
- Family Advocacy Program
- Child, Youth and Teen Programs
- School Liaison Officers
- Relief Societies
- MilitaryHOMEFRONT
- Military OneSource
- MTOM
- SITES
- TRICARE & CAP

Federal, State & Community Resources

- American Red Cross
- DisabilityInfo.gov
- National Center on Dispute Resolution
- Food Stamps & FSSA
- Medicaid
- NICHCY
- Shriners Hospitals for Children
- STOMP
- SSI, WIC
- Wrightslaw
- Fisher House
- Make-A-Wish Foundation
- Starlight Starbright Children's Foundation

Records & Tools

- **Phone Log**
- **Sample letters**
 - Request for Referral & Evaluation
 - Request for Independent Educational Evaluation
 - Request for School Records

Coming in November

Facilitators Guide



Issue: Special Needs

Homepage Navigation

Friday, July 20, 2007

SEARCH All for

AREAS OF INTEREST

- » Spouse Training, Education & Career
- » Children & Youth
 - » Parenting
 - » Children's Education
- » Money Matters
- » Special Needs
- » Smooth Moves (Relocation)
- » Lifelong Learning, College & Career
- » Trauma, Crisis & Violence
- » Deployment
- » Legal Matters
- » Addiction & Recovery
 - » Substance Abuse
 - » Other Addictions
- » Elder Care
- » Military 101
- » Transition to Civilian Life
- » Healthy Habits
- » Shopping & Services

EVENTS & COMMUNITY

- » Podcasts
- » Webinars
- » Discussion Boards
- » Moderated Chat
- » News Feeds

RECURSOS EN ESPANOL

Special Needs

ADVOCACY AND SPECIAL PROGRAMS

- » Advocating in the Schools
- » Special Programs

LIVING WITH A DISABILITY

- » Advocacy
- » Emotional Well-Being
- » Medication Concerns
- » Relationships

FAMILY RESOURCE

- » Caregiver Support for People with Disabilities
- » Special Needs for Children - Birth to Five
- » Special Needs for School-Age Children

SEVERELY INJURED SERVICE MEMBERS

- » Care and Benefits
- » Family Impacts
- » Physical Accommodations
- » Vocational Training/Rehabilitation

INDEPENDENT LIVING

- » Accessing Services and Resources
- » Housing
- » Independent Living Skills
- » Paying for Care
- » Technology/Resources

SPECIFIC DISABILITIES

- » Information and Resources

NEED TO TALK?

Call Now
1-800-342-9647

[INTERNATIONAL CALLING](#)
[MORE NUMBERS](#)

We're available 24/7

[IN-PERSON COUNSELING](#)

[E-MAIL A CONSULTANT](#)

» About Military OneSource

SEARCH & DECISION TOOLS

- » Financial Calculators
- » Child Care Locator
- » Relocation Tool
- » Plan My Move

[// MORE //](#)

SELF ASSESSMENT TOOL

- » Do You Give It Your Best?
- » Do You Have Debt Problems?

Webinars

Health Library in
Search & Decision Tools
Click "MORE"



Special Needs Resources

MILITARY ONESOURCE
CALL 1-800-342-9647 AVAILABLE 24/7

Friday, July 20, 2007

SEARCH All

AREAS OF INTEREST
Scroll to select a subject area.

Applying to College

SPECIAL NEEDS TOOLKIT

- Children & Youth
- Parenting
- Children's Education
- Money Matters
- Special Needs
- Smooth Moves (Relocation)
- Lifelong Learning, College & Career
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RECURSOS EN ESPAÑOL

ARTICLES

- Americans with Disabilities Act and Child Care
- Attention Deficit Hyperactivity Disorder, Predominantly Inattentive Type
- Child Care for Children with Special Needs
- Complementary and Alternative Treatments for Attention Deficit Hyperactivity Disorder
- Early Intervention Services for Children from Birth to Age 3

BOOKLETS & RECORDINGS

- Exceptional Parent Magazine Resource Guide
- Mass Mutual 2005 Resource Guide

CONDITIONS INDEPTH

- Autism

RESOURCE GUIDES

- Books on Special Needs Children

WEB LINKS

- Beach Center on Disability
- DisabilityInfo.gov
- DoD Special Needs Parent Toolkit
- Exceptional Family Member Program (Marine Corps)
- Health Matters, Inc.

MILITARY ONESOURCE
CALL 1-800-342-9647 AVAILABLE 24/7

Friday, July 20, 2007

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BROWSE BY CATEGORY

- Spouse Training, Education & Career
- Children & Youth
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- Special Needs
- Smooth Moves (Relocation)
- Lifelong Learning, College & Career
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EVENTS & COMMUNITY

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RECURSOS EN ESPAÑOL

Special Needs Webinars

Welcome to Military OneSource Webinars! Webinars are interactive online workshops that allow you to view a presentation online while listening to a teleconference that includes the presenter and other attendees. You can interact with the presenter and attendees through phone conversation, live chat, polling, and other online tools. Visit here often to view the schedule for upcoming events and to listen to archived webinars.

All Webinars are listed as EST. If you live in a different time zone, the [Time Zone Converter](#) will tell you what time they will take place in your location.

Archived Webinars

Title	Start Date (EST)
Adjusting to Stepfamily Life	
Advocacy Training for Military Special Needs Parents	
Aging Knees and Reading Glasses: Adjusting to a Midlife Body	
Basic Money and Debt Management	
Becoming a Homework Coach	
Building Your Child's Self-Esteem	
Child Safety on the Internet Highway	

Webinar Homepage Navigation



Health Library

MILITARY ONESOURCE 24/7 AVAILABLE 24/7
2-9647 AVAILABLE 24/7

SEARCH All for

Health Library



The Health Library includes information on a wide range of diseases, conditions, injuries, and treatment procedures, as well as helpful interactive tools, medical news, and much more.

The Health Library includes:

- » **Conditions:** comprehensive facts on a variety of diseases, conditions, and injuries. Available in English and Spanish. Conditions InDepth are comprehensive reference guides to more than 100 health and medical conditions.
- » **Procedures:** information about specific screening, diagnostic, and treatment procedures, including animated versions of selected procedures. Available in both English and Spanish.
- » **Therapeutic Centers:** resource centers on more than 50 health concerns, such as allergies, cancer, sleep, and smoking.
- » **Wellness Centers:** resource centers on wellness topics such as aging, food and nutrition, and teens', men's, and women's' health.
- » **Interactive Tools:** these include the anatomy and conditions navigators (both easy-to-navigate reference tools) and healthy living calculators, such as BMI and target heart rate.
- » **Natural and Alternative Treatments:** detailed information on almost 200 different conditions, including conventional and natural treatments used to treat them, nearly 300 herbs and supplements, herb and drug-supplement interactions for more than 80 drug categories.

» **Medical Dictionary**

» **Medical News:** current research from top journals.

[Go to the Health Library now!](#)

MILITARY ONESOURCE
CALL 1-800-342-9647 AVAILABLE 24/7

EMAIL STORY PRINTABLE VIEW PDF PRINTABLE VIEW Health Library Home

CONDITIONS

ABCDEF GHIJKLMN OPQRSTUVWXYZ

- » All Condition Articles A-Z
- » **Sumarios de condiciones médicas, en Español A-Z**
- » Birth Defects
- » Blood and Blood-forming Organs
- » Cancer (Oncology)
- » Circulatory System
- » Digestive System
- » Hormone, Nutrition and Metabolic diseases
- » Immunity Disorders
- » Infectious and Parasitic Diseases
- » Injury and Poisoning
- » Mental Disorders
- » Minimally Invasive Surgery
- » Nervous System and Sense Organs
- » Pregnancy and Childbirth
- » Reproductive and Urinary Systems (Kidneys)
- » Respiratory System
- » Skeletal and Muscular Systems
- » Skin and Subcutaneous Tissues
- » Symptoms, signs and ill-defined conditions
- » Conditions InDepth Collection

WELLNESS CENTERS

- » Aging and Health
- » Alternative Health
- » Food and Nutrition
- » ***Recipes NEW!
- » Diet Center
- » Disease Management NEW!
- » Health Myths Center
- » Healthcare Center
- » Kids' and Teens' Health
- » Medications
- » Men's Health
- » Mental Health
- » Sexuality and Health
- » Sports and Fitness
- » Travel and Health
- » Women's Health
- » **Featured Article:**
Brush Your Teeth—It's Good for Your Heart

PROCEDURES

ABCDEF GHIJKLMN OP

- » All Procedures A-Z
- » Sumarios de procedimientos en Español A-Z
- » Arteries and Veins
- » Back and Neck
- » Bones and Joints
- » Brain and Nerves
- » Cancer
- » Eyes, Ears, Nose and Throat
- » Heart
- » Lungs
- » Muscles and Tendons
- » Minimally Invasive Surgery
- » Oral Care
- » Organs
- » Plastic Surgery
- » Pregnancy
- » Sexual Organs
- » Skin
- » Weight Reduction
- » InMotion

THERAPEUTIC CENTERS

- » AIDS Center
- » Alcoholism Center
- » Allergy Center
- » Click here for all Therapeutic Centers

INTERACTIVE TOOLS

- » Anatomy Navigator
- » Conditions Navigator
- » Self-Assessment Tools

NATURAL & ALTERNATIVE TREATMENTS

- » NAT Main Index
- » Herbs & Supplements
- » Conditions
- » Drug Interactions
- » Functional Foods
- » Alternative Therapies
- » Homeopathy

[EN ESPAÑOL](#)

Address <http://healthlibrary.epnet.com/>

A

- » Aarskog-Scott syndrome
- » Achondroplasia
- » Achondroplastic dwarfism
- » Adrenoleukodystrophy
- » Aganglionic megacolon
- » Agranulocytosis **NEW!**
- » Albinism
- » Alpha-galactosidase A deficiency
- » Amyotrophic lateral sclerosis (ALS)
- » Anal atresia **NEW!**
- » Anderson-Fabry disease
- » Angiokeratoma corporis diffusum
- » Angiokeratoma diffuse
- » Anorectal malfunction **NEW!**
- » Anthrax
- » Arteriovenous malformations
- » AVM

B

- » Batten disease
- » Birth marks

C

- » Ceramide trihexosidosis
- » Cleft lip
- » Cleft palate
- » Colonic aganglionosis
- » Congenital megacolon
- » Copper transport disorder
- » Craniofacial dysostosis
- » Crouzon syndrome
- » Cryptorchidism
- » Cystic fibrosis

D

- » D incompatibility
- » Deviated nasal septum
- » Down's syndrome

E

- » Ehlers-Danlos syndrome

F

- » Fabry disease
- » Faciodigitogenital dysplasia
- » Familial adenomatous polyposis

G

- » Gaucher disease
- » Gilbert's syndrome

Down's Syndrome



Health Library Landing Page

Health Library Categories of Information

Alphabetical listings

Special Needs

- Find the Toolkit
- Find the SCOR
- Identify resources in your State
 - Early intervention services
- Sign in to the Family Forum for your installation
- Subscribe to the special needs newsletter