You've Got M@il!

Free Our Weekly Parenting **e-mail** for Expectant & New Parents

- Weekly support, tips and advice from us
- Research findings that impact your child's development
- Great resources to better support you
- Your baby's developmental milestones, week by week

Sign me up now!

For the Department of Defense's Free Weekly Parenting E-mail for Expectant & New Parents

Your name	Your e-mail address	Due date or baby's birth date (month / day / year)	Signature*

Please print clearly

		/ /	
		/ /	
		/ /	
		/ /	
		/ /	
		/ /	
		/ /	
		/ /	
		/ /	

** Your signature indicates that you've read, understood, and agree to the terms of use of your health protected information described on the back of this page.*