Parenting Resources

Wondering how to help your children cope with a deployment? Looking for a new strategy to get your baby to sleep? Searching for a good child care option?

Military OneSource can help! Military One Source has a wide range of resources designed to help parents with children of any age, including articles, resources and tools to help you answer all of your parenting questions and make sure your family is safe, happy and healthy.

Highlights

- **A Parenting page with helpful articles,** booklets and guides on a wide range of parenting issues including family relocation, discipline, adoption and blended families
- **A Child, Youth and Teens page** filled with age-specific articles, popular links and helpful information on everything from changing schools to managing money
- **Access to tools and products** such as CDs like "Parenting in the 21st Century" and kits from Sesame Street on deployment, parental separation, reintegration and other life changes
- **Quick links to kid-friendly websites** such as Military Youth on the Move, Military Kids Connect and Kids.gov
- **Information** regarding the New Parent Support Program and the Family Advocacy Program designed to help parents build strong family bonds, manage the demands of parenting and learn valuable parenting skills
- **Articles and resources** to help you identify the child care option that will best meet your needs, while ensuring your child is safe and nurtured

Military OneSource

Call. 800-342-9647
Click. MilitaryOneSource.mil
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Learn more about these great resources by visiting *www.militaryonesource.mil/parenting* or *www.militaryonesource.mil/cyt*