

Make This Your Best Move Yet

Get a specialty consultation on relocation and transition to make change less stressful.

Any military spouse can call Military OneSource at any time to get personalized relocation or transition support from a consultant trained in military moves. Consultants can refer you to resources from the Department of Defense or your new installation and community. Start your next move with Military OneSource, so you can start your next chapter strong.

Gear Up for a Great Move

Military OneSource Consultants offer you:

- Help coordinating your move
- Assistance finding housing on or off installation
- Tools for estimating and controlling moving costs
- Tips for shipping and storing household goods strategically
- Resources for moving pets safely
- Referrals for immigration and naturalization services
- Support for English language education
- Information about programs and services at installations worldwide.
- Guidance on local transportation
- Career coaching and assistance
- Referrals for non-medical counseling to ease adjustments
- Help finding affordable child or elder care

Call Military OneSource at **800-342-9647** anytime or go to **MilitaryOneSource.mil** to schedule your consultation. We can help with relocation, transition, and other aspects of your life in the military, from fitness to finances.

