# MilParents Rock Social Toolkit

## New MilParent Support

Objective: Awareness

Label: Parents

Link: <https://www.militaryonesource.mil/family-relationships/parenting-and-children/parenting-infants-and-toddlers/the-new-parent-support-program>

| Facebook | Taking the first steps of your parenting journey? The New Parent Support Program offers on-installation support to help you rock your new role. Take prenatal and parenting classes, get in-home advice and more. Get started with @Military1Source: [link] | **Facebook/Twitter:**  Social Image Support post for Facebook/Twitter**Source:** [**istock**](https://www.istockphoto.com/photo/knowing-we-created-this-little-guy-is-pretty-awesome-gm599684740-102937397) |
| --- | --- | --- |
| Twitter | Get solid support to rock your new role with the New Parent Support Program. Take prenatal and parenting classes, get in-home advice and more. Find out more from @Military1Source: [link] |

## New MilParent Consultations

Objective: Awareness

Label: Parents

Link: <https://www.militaryonesource.mil/confidential-help/specialty-consultations/new-milparent/new-milparent-consultation>

|  |  |  |
| --- | --- | --- |
| Facebook | As a new MilParent, questions can pop up at any hour. Call or chat 24/7 to schedule time to talk it out with a @Military1Source New MilParent consultant. | **Facebook/Twitter:**  Social Image Consultations post for Facebook/Twitter  **Source:** [**istock**](https://www.istockphoto.com/photo/young-mother-at-home-rocking-baby-to-sleep-with-lullaby-gm995432540-269442315) |
| Twitter | Parenting questions pop up at all hours. Get answers from a New MilParent consultant from @Military1Source. Call or chat 24/7 to schedule a time to talk. |