



## Show MilKids They Are Everything

- **Get involved.**

Visit the [2022 Month of the Military Child toolkit page](#) for many ways to participate.

- **Wear purple.**

Promote Purple Up Day and show your appreciation for our amazing MilKids.

- **Check out our virtual events.**

Invite your network to join our virtual events on Military OneSource's Facebook, with speakers from 4-H, Thrive, National Military Youths of the Year and school liaisons.



- **Spread the word about the MilKid appreciation items.**

During virtual events throughout April, items will be offered to families free of charge including Pop Its, planter boxes and coloring books.

- **Download the social media toolkit.**

Use our sample social media posts to share content on your social channels.

## Month of the Military Child 2022

To celebrate military children this April, the Office of Military Community and Family Policy is collaborating with key partners to show our appreciation and understanding of military children. We are also sponsoring virtual events to support the well-being of military children and readiness of parents.

### Support for military children:

[Military Kids Connect](#) — Online community that provides access to age-appropriate resources to support military children ages 6-17 who are dealing with the unique psychological challenges of military life

[Sesame Street for Military Parents](#) — Education and activities for preschool-aged children to help them cope with the challenges of military life

[4-H Military Partnerships](#) — Opportunities for youth to join 4-H clubs in their communities and participate in summer camps

[Boys & Girls Clubs of America Mission Youth Outreach](#) — Children of active-duty, National Guard and reserve families may be eligible for free membership to their local Boys & Girls Club

### Support for military parents:

[Thrive online program for parents](#) — Courses on positive parenting practices with tips for parent and child stress management and physical health promotion for children ages 0 to 18

[Expanded hourly child care for military families](#) — Through Military OneSource, military families can access a nationally recognized caregiver database to search for hourly, flexible and on-demand child care

[EFMP & Me](#) — Available through Military OneSource, the EFMP & Me online tool provides 24/7 access to resources for families with special needs and the providers and leaders who support them

Learn more at [MilitaryOneSource.mil/celebrate-milkids](https://MilitaryOneSource.mil/celebrate-milkids) or call 800-342-9647.

