



Who's Eligible?

The Military Family Readiness System supports every service member and family member, regardless of activation status or location.

Explore the Military Family Readiness System

Your local access points — Military and Family Support Center, National Guard and Reserve Component Family Program and Military OneSource — can connect you to approved providers that offer services in your local community.

Explore the Military Family Readiness System ecosystem here:

<https://www.militaryonesource.mil/programs/military-family-readiness-programs/>

Find contact information for your local Military and Family Support Center at:

<https://installations.militaryonesource.mil/?looking-for-a=program/program-service=26/focus=program>.

Military Family Readiness System

Background

The Military Family Readiness System is a network of services operated by the Defense Department and other federal, state and community-based organizations that promote military family well-being. These services enhance military family readiness, resilience and quality of life by supporting career, social, financial, health and community engagement.

Highlights

A number of the services, offered in person, by phone and online, are available through installation Military and Family Support Centers and include:

- **Mobility and deployment assistance** — Promotes positive adjustment to deployment, family separation, and reunion and reintegration.
- **Relocation assistance** — Prepares service members and their families for PCS, including moving costs, housing options and community orientation.
- **Financial readiness** — Provides tools and information to help service members and families achieve financial goals and address financial challenges.
- **Spouse education and career services** — Offer career exploration opportunities, education and training, employment readiness assistance and employment connections.
- **Emergency family assistance** — Promotes preparation, planning, short- and long-term recovery and the return to stability after an emergency.
- **Exceptional Family Member Program support** — Supports families who have special medical and/or educational needs related to the Exceptional Family Member Program.
- **Non-medical individual and family counseling** — Offers short-term, confidential non-medical counseling services to address topics related to personal growth and well-being.
- **Transition assistance** — Prepares separating service members and their families to reenter civilian life.
- **Information and referral services** — Help service members and families access a full range of support services, information, tools and resources to meet identified needs and promote overall family well-being.



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