



SPOUSE EDUCATION & CAREER OPPORTUNITIES



Fact Sheet

Resources for Survivor Spouses

Military spouse survivors: the Department of Defense is here for you — to help you stay connected to the military community and keep you updated on resources and benefits available to you. You can use the following resources and network with organizations that will guide you as you work toward meeting your goals, while maintaining your home and keeping your family strong and resilient.

SECO tools and resources

The SECO program provides military spouses with comprehensive resources and tools to help you do the following:

- Find education and career information and create a practical plan to get there
- Search for scholarships and other financial resources
- Write effective resumes, cover letters and job applications
- Research occupations and find a good fit for unique needs
- Search for employment with MSEP companies and organizations committed to hiring military spouses
- Compare colleges and training programs to find the right school for your career goals

Key program resources

The Department of Defense established a comprehensive, holistic, spouse-centered program called the **Spouse Education and Career Opportunities program**. As a surviving spouse, you can take advantage of the following resources:

- **The MySECO website**, <https://myseco.militaryonesource.mil/portal/>, is a one-stop online career and education toolbox filled with valuable information, resources and interactive features, designed for military spouses looking to meet career and education goals.
- **The Military Spouse Employment Partnership**, <https://myseco.militaryonesource.mil/portal/content/view/8531>, a targeted recruitment and employment solution that creates employment connections by providing companies and organizations with direct access to military spouses seeking career opportunities, and connecting spouses with employers who are actively recruiting.
- **The Spouse Ambassador Network**, <https://myseco.militaryonesource.mil/portal/content/view/1494>, is a group of like-minded organizations who are affiliated with the Military Spouse Employment Partnership and are dedicated to raising awareness of military spouse education and employment resources.

Adjusting to your new normal may take time and patience. There are no timelines or guidelines because everyone is different. When you feel ready, you can find new or old routines and activities by embracing the environment around you. For additional resources available for eligible military spouse survivors, visit Military OneSource.

<https://www.militaryonesource.mil/family-relationships/survivor-casualty-assistance/survivor-casualty-assistance-resources>

