

Financial Well-Being

# Resources for Managing Your Finances

Managing personal finances? We can help. Here are common challenges along with free resources that can provide you with solutions.



## Managing day-to-day finances

### Resources to meet the challenge:

- Tap into our [money management](#) tips.
- Use a [spending plan](#) to more easily track expenses.
- Access support programs at [Military and Family Support Centers](#).



## Covering unexpected expenses

### Resources to meet the challenge:

- Learn how to establish an [emergency fund](#).
- Access financial assistance through military relief societies:
  - [Air Force Aid Society](#)
  - [Navy-Marine Corps Relief Society](#)
  - [Army Emergency Relief](#)
  - [Coast Guard Mutual Assistance](#)



## Financial management during deployment

### Resources to meet the challenge:

- Create a financial planning [road map](#) with our tools.
- Use [MilSpouse Money Mission](#) for financial tools and resources for spouses.
- Access [legal services](#) for preparing documents like a power of attorney.



## Maintaining financial health

### Resources to meet the challenge:

- Use a [Financial Well-Being Assessment](#) for a financial checkup.
- Get your [free annual credit report](#) to monitor accuracy and prevent identity theft.
- Learn about [consumer credit protections](#) for service members.



## Setting and achieving financial goals

### Resources to meet the challenge:

- Find guidance on [common financial goals](#).
- Use [financial planning resources](#) for readiness and long-term planning.
- Visit [TSP.gov](#) for your Thrift Savings Plan information.



## More Free Resources

Receive **free financial counseling** from a **personal financial manager**. You can also access **free MilLife courses** for managing finances and goals.

**Military OneSource** is your connection to financial and other resources.

Find fast links at <http://www.militaryonesource.mil> or call us at 800-342-9647

