



# Military OneSource: Parenting Resources

**Find how to help your children cope with a deployment. Explore new strategies to get your baby to sleep. Search for quality, affordable child care options.**

Military OneSource can help with these and much more! Military OneSource has a wide range of resources designed to assist parents with children of any age, including articles, resources and tools to help answer all of your parenting questions and make sure your family is safe, happy and healthy.

## Highlights

- A [Parenting](#) content category with helpful articles, booklets and guides on a wide range of parenting issues including family relocation, discipline, adoption and blended families
- [New Parents](#) and [Children Youth & Teens](#) pages filled with age-specific articles, popular links and helpful information on everything from changing schools to managing money
- Access to tools and products such as [Sesame Street for Military Families](#) and the Talk, Listen, Connect resources designed to help military families and their young children cope with deployment, changes and grief
- Quick links to child-friendly websites such as [Military Kids Connect](#)
- Access to [Thrive](#), the free, comprehensive, on-demand parenting education program to assist you in handling parenting challenges at any age
- Information regarding the [New Parent Support Program](#) and the [Family Advocacy Program](#) designed to help parents build strong family bonds, manage the demands of parenting and learn valuable parenting skills
- Articles and resources to help you identify the child care option that will best meet your needs, while ensuring your child is safe and nurtured, including the [expanded hourly child care options](#)

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**Committed to Readiness  
and Resilience**



Discover more of what Military OneSource has to offer by visiting [www.militaryonesource.mil/parenting/](http://www.militaryonesource.mil/parenting/).

Military OneSource is your 24/7 connection to information, parenting tips and support for every member of your military family - one source for your best MilLife.  
[www.MilitaryOneSource.mil](http://www.MilitaryOneSource.mil) | 800-342-9647



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