



Considering military adoption or foster care?

Learn about resources and connect to support that can help you navigate the adoption or foster care process.

Adoption and foster care are great ways to start or grow your family, and the Defense Department offers a variety of support. Whether you're just starting to think about adoption and foster care or have completed the process and have questions, you can depend on Military OneSource for guidance to help the process go more smoothly and for ongoing support of your new family.

Adoption

Learn more about six adoption options available to military families so you can decide which one best meets your family's needs and what kind of support you'll need in the process.

Foster care

Military Families can foster children through local foster care services. Find out about resources to assist military families in becoming foster families.

Adoption specialty consultations

Specially trained Military OneSource consultants can help you understand your options, locate sources of military-related financial assistance, learn about state-specific requirements, and identify agencies and resources to help you with your family's specific needs. Call Military OneSource to schedule a free adoption specialty consultation at 800-342-9647.

Online resources

Visit Military OneSource to access DOD's centralized information on resources and benefits available to service members and their families, including:

- Adoption reimbursement
- DEERS and TRICARE enrollment
- Parenting support resources
- Confidential counseling services

<https://www.militaryonesource.mil/parenting/adoption-foster-care/>

Expert help

Still have questions? [MilitaryOneSource.mil](https://www.militaryonesource.mil) is available 24/7 to connect you to the adoption, foster care and parenting support you need. Call anytime, from anywhere in the world.



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