



# Support for Wounded Warriors and Caregivers

**Connect to personalized support so you can keep moving forward.**

Military OneSource helps wounded warriors and their families find and secure a range of helpful services. You can call 24/7/365, no matter when you served – our support lasts a lifetime.

## **Start here to get the help you need**

Our consultants can connect you to a single point of contact at your branch and resources from the Department of Veterans Affairs. We can also follow up with either organization on your behalf regarding needs, questions or outstanding requests so you can navigate your health care with confidence.

## **Take control of change**

Illness and injury can mean making adjustments. We'll help you manage change by connecting you to:

- A financial counselor to help you update your budget and plan for the future
- Lists of vetted child care providers who can fill the gaps in changing schedules
- A transitioning veterans specialty consultation to help you identify benefits and resources available to you as you transition
- Confidential counseling to ease individual, family or marital adjustments to life changes

- Programs that offer financial assistance for accessibility renovations and mobility aids
- Information about home-based health care assistance, service animals and more

## **Support for caregivers**

For military caregivers, each day can bring new questions and challenges. We can connect you to answers and:

- Organizations that provide respite care
- Military OneSource peer support specialty consultations where you can connect with other caregivers and share knowledge, resources and strength
- Free health and wellness coaching to help you stay strong
- Confidential counseling to raise your resilience
- Spouse employment and education to bring you closer to your education and career goals

Connect with us today – Military OneSource consultants are standing by to serve wounded warriors and their families.  
**[www.MilitaryOneSource.mil](http://www.MilitaryOneSource.mil) | 800-342-9647**

