



Specialty Consultation for Transitioning Veterans

**Get a series of personalized support sessions to make
your transition to civilian life easier.**

The Transitioning Veterans specialty consultation from Military OneSource helps you navigate the resources, benefits and programs that pave the way for a successful transition to civilian life. Eligible service members can call anytime to schedule free, personalized support sessions.

Prep for the Road Ahead

Over phone or video sessions, Military OneSource consultants can help transitioning veterans:

- Identify goals
- Understand veterans' benefits such as health, dental, vision and life insurance
- Explore education opportunities
- Prepare for the workforce with referrals to resources for resume building and mock interviews
- Become familiar with Veterans Affairs requirements and procedures

Eligibility

Consultations are available:

- To active-duty, Guard and reserve members transitioning to civilian life
- For 365 days before your separation date and 365 days after

Military spouses can get transition assistance through the Military Spouse Transition Program, or MySTeP. Get started at <https://myseco.militaryonesource.mil/portal/mystep>.

Start Planning Today

You can schedule a consultation anytime, 24/7: Call Military OneSource at **800-342-9647** or live chat at **MilitaryOneSource.mil**.



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