



U.S. Department of Defense

MILITARY FAMILIES

RESERVE COMPONENT SPOUSE ECONOMIC SECURITY

Results from the 2023 Survey of Reserve Component Spouses

There are 344,716* Reserve component spouses.¹



Financial Well-Being

Average Financial Well-Being Score²

58

Reserve Component Spouse



Reserve Component Spouse vs. U.S. Average

51

U.S. Average



58

Employed



51

Unemployed



By Spouse Employment Status

58

Not activated



57

Activated



58

Not deployed



57

Deployed



By Member Activated/Deployed Past 24 Months

Civilian Spouse Unemployment Rate³

Overall

8%

By Race/Ethnicity

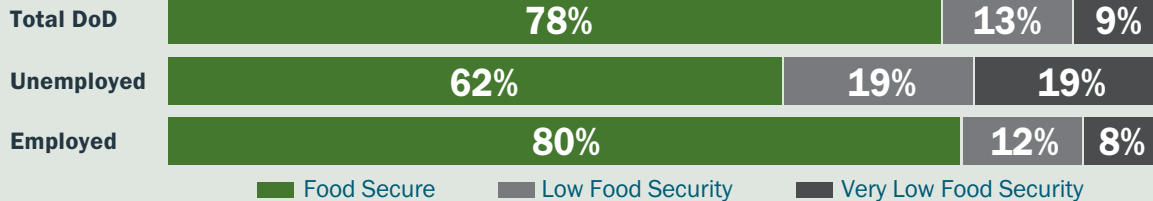
5% Non-Hispanic White
13% Total Minority

By Activation/Deployment Status

7% Not activated
9% Activated
8% Not deployed
8% Deployed



Food Security by Spouse Employment Status



Additional Expenses Due to Deployment*

72% Home/car repairs/maintenance or yard work
51% New or increased need for child care
46% Increased phone/cell/internet usage bills due to communicating more with family/friends and/or deployed spouse

*Deployed for more than 30 consecutive days in the past 24 months

Nutrition Assistance Resources Currently Used by Spouses

Asked of all spouses regardless of program eligibility

10% of spouses used a nutritional assistance resource

5% NATIONAL SCHOOL LUNCH PROGRAM

4% WIC WOMEN, INFANTS, & CHILDREN

3% SCHOOL BREAKFAST PROGRAM

2% SNAP Supplemental Nutrition Assistance Program

RESOURCES FOR SPOUSES

Service members and military spouses can receive support at no cost, including family life counseling, at:

MILITARY ONESOURCE

800-342-9647 www.militaryonesource.mil

Source: 2023 Survey of Reserve Component Spouses. Sponsored by Military Community and Family Policy, conducted by the Office of People Analytics

¹Source: 2022 Demographics Profile of the Military Community.

²The Average Financial Well-being Score is calculated based on the Consumer Protection Bureau's five-item Financial Well-being Scale. Higher scores indicate higher financial well-being. The score is a standardized number between 0 and 100 that represents the respondent's underlying level of financial well-being, which is defined as "a state of being wherein a person can fully meet current and ongoing financial obligations, can feel secure in their financial future, and is able to make choices that allow them to enjoy life." The U.S. average score was sourced from The Consumer Financial Protection Bureau (2023): *Making Ends Meet in 2023* (CFPB Office of Research Publication No. 2023-8).



Office of Financial Readiness
<https://finred.usalearning.gov/>