



MILITARY FAMILIES

RESERVE COMPONENT SPOUSE FOOD SECURITY

Results from the 2023 Survey of Reserve Component Spouses

U.S. Department of Defense

Food Security of Reserve Spouses

Using the U.S. Department of Agriculture's (USDA) six-item short form measure¹ of food security, the Office of People Analytics (OPA) determined the prevalence of food insecurity over the previous 12 months within the Reserve military spouse population. Data were sampled and weighted to be generalizable to the entire spouse population.



of total Reserve spouses

FOOD SECURE

Access at all times to enough food for an active, healthful life for all household members.

LOW FOOD SECURITY

Reports of reduced quality, variety, or desirability of diet. Little or no indication of reduced food intake.

VERY LOW FOOD SECURITY

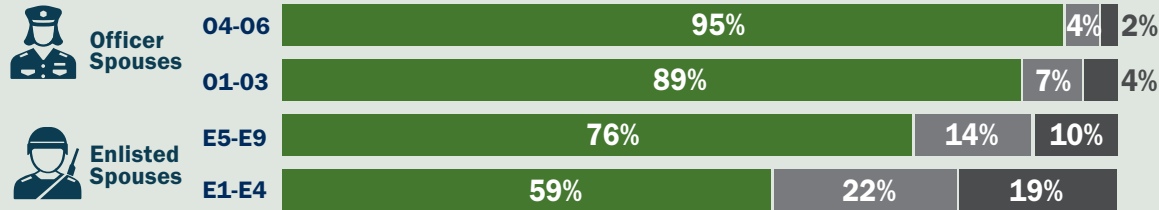
Reports of multiple indications of disrupted eating patterns and reduced food intake.

Food Security by Reserve Component²

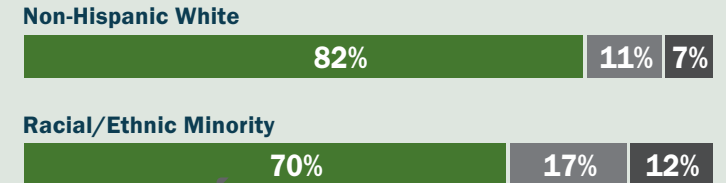
Percentage of Food Insecure Spouses



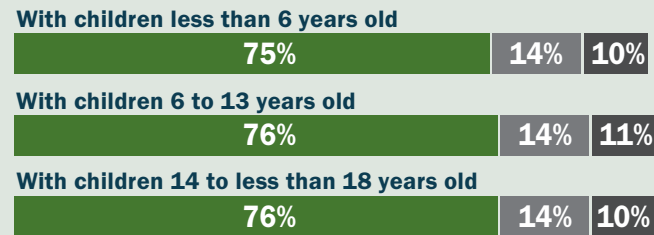
Food Security by Rank/Paygrade



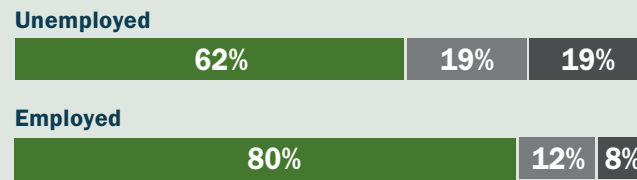
Food Security by Race/Ethnicity



Food Security by Family Status



Food Security by Spouse Employment Status



RESOURCES FOR SPOUSES

Service members and military spouses can receive support at no cost, including family life counseling, at:

MILITARY ONESOURCE

800-342-9647 www.militaryonesource.mil

Source: 2023 Survey of Reserve Component Spouses

Sponsored by Military Community and Family Policy, conducted by the Office of People Analytics

¹ <https://www.ers.usda.gov/media/8282/short2012.pdf>. Food insecure includes any spouse who experienced low or very low food security.

² ARNG: Army National Guard, USAR: United States Army Reserve, USNR: United States Navy Reserve, USMCR: United States Marine Corps Reserve, ANG: Air National Guard, USAFR: United States Air Force Reserve.