



U.S. Department of Defense

MILITARY FAMILIES

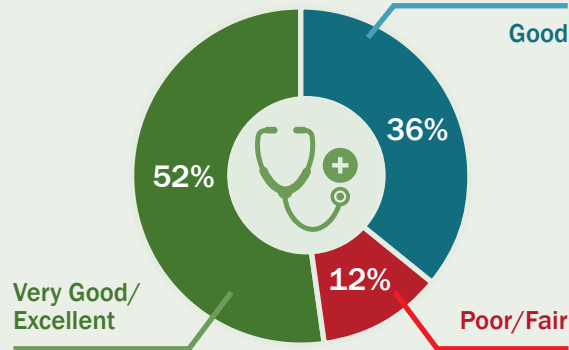
# RESERVE COMPONENT SPOUSE WELL-BEING

Results from the 2023 Survey of Reserve Component Spouses

There are 344,716 Reserve component spouses.<sup>1</sup>

## Spouse Well-Being

### Self-Reported State of Health



**81%**

of Reserve spouses are satisfied with their marriage



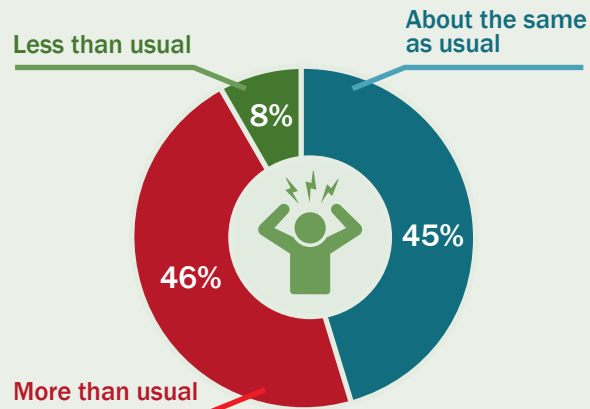
**68%**

of Reserve spouses are financially comfortable

### More Likely to Report Poor/Fair Health

Unemployed	20%	Racial/Ethnic Minority	17%
Not in Labor Force	15%	Senior Enlisted	14%

### Current Level of Personal Stress



### RESOURCES FOR SPOUSES

Need information or resources to support your life as a military spouse? Information and resources for parenting, spouse education and employment, managing stress, and more can be found at:

**MILITARY  
ONESOURCE**

800-342-9647  
[www.militaryonesource.mil](http://www.militaryonesource.mil)

## Reserve Spouse Demographics

The average age of Reserve spouses is

**37 yrs.**

The average Reserve spouse has been a military spouse for

**10 yrs.**

**85%** of Reserve spouses are female



**80%** of Reserve spouses have at least one child or legal dependent



## Education and Employment

**60%** of Reserve spouses have at least a bachelor's degree



**25%** of Reserve spouses have an advanced degree such as a master's degree, PhD, JD, or other professional degree



**77%** of civilian Reserve spouses are in the labor force

<sup>1</sup>excludes dual military spouses



**8%** of civilian Reserve spouses in the labor force are unemployed despite seeking/wanting employment<sup>2</sup>



Source: 2023 Survey of Reserve Component Spouses. Sponsored by Military Community and Family Policy, conducted by the Office of People Analytics.

<sup>1</sup>This data point is taken from the 2022 Demographics Profile of the Military Community.

<sup>2</sup>Excludes spouses who are not in the labor force, as well as dual military spouses.