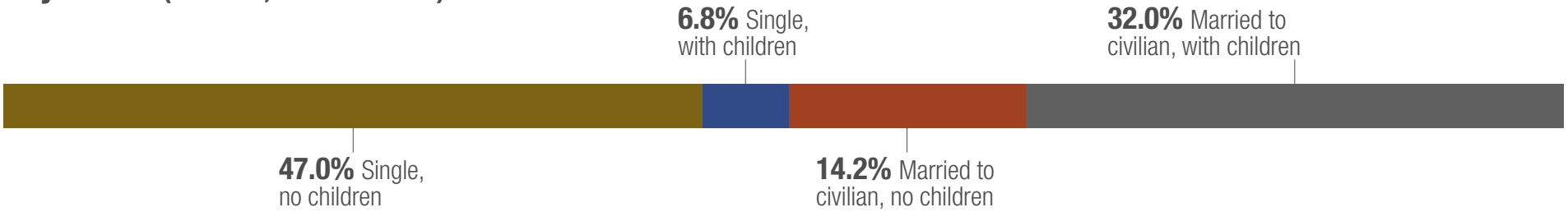
U.S. Department of War

2025 DEMOGRAPHICS PROFILE

ARMY FAMILIES

There are 619,262 Army family members. 40.2% of Army family members are spouses, 59.1% are children, and 0.7% are adult dependents.

Family Status (n = 450,153 members)



*Note: The Army did not report dual-military marriages in 2025

Army Spouses (n = 248,986)

46.2% of Army members are married

13.4% of spouses are men

86.6% of spouses are women

31.8 Average age of spouses

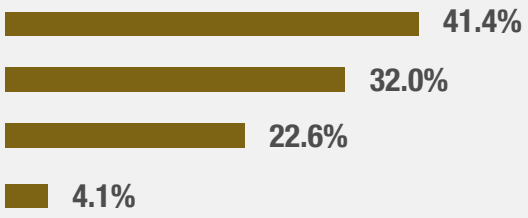
53% Civilian spouse employment

Army Children (n = 365,980)

38.8% Army members with children

Army members with children have an average of **2.1** children

Children in each age group



Army Adult Dependents (n = 4,296)

87.6% Over the age of 50

77.8% of adult dependents are women

35.5% of adult dependents are associated with Army members in the E5-E6 pay grades

Source: 2025 Demographics Profile of the Military Community (Department of War); https://download.militaryonesource.mil/12038/MOS/Reports/2025-demographics-report.pdf