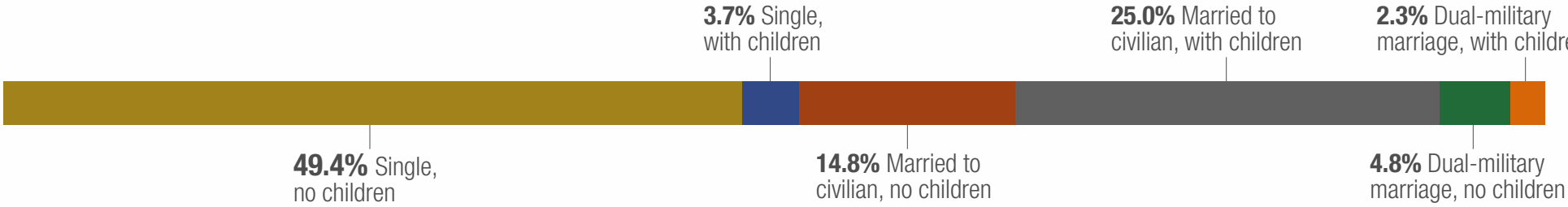
U.S. Department of War

2025 DEMOGRAPHICS PROFILE

NAVY FAMILIES

There are 354,860 Navy family members. 41.5% of Navy family members are spouses, 58.3% are children, and 0.2% are adult dependents.

Family Status (n = 336,648 members)



Navy Spouses (n = 147,437)

46.9% of Navy members are married

14.2% of spouses are men

85.8% of spouses are women

33.3 Average age of spouses

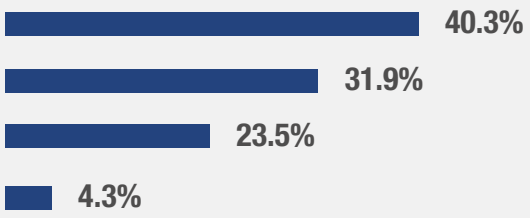
57% Civilian spouse employment

Navy Children (n = 206,839)

31.0% Navy members with children

Navy members with children have an average of **2.0** children

Children in each age group



Navy Adult Dependents (n = 584)

85.1% Over the age of 50

76.7% of adult dependents are women

36.6% of adult dependents are associated with Navy members in the E5-E6 pay grades

Source: 2025 Demographics Profile of the Military Community (Department of War); https://download.militaryonesource.mil/12038/MOS/Reports/2025-demographics-report.pdf