

THE MILITARY SPOUSE AT A GLANCE

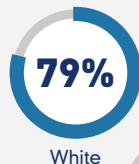
2019 DOD Survey of Active Duty Spouses

Demographics

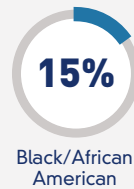


Note: Respondents were able to select more than one race category

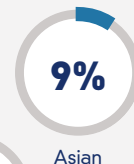
BY RACE



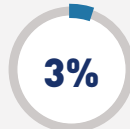
White



Black/African American



Asian



American Indian/Alaska Native

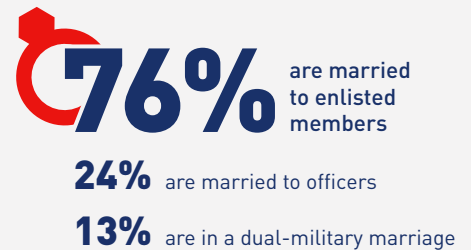
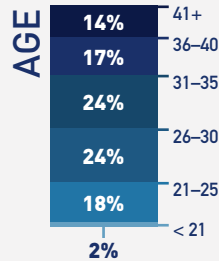
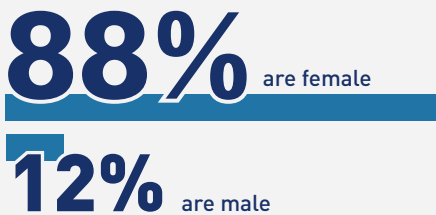


Native Hawaiian/Pacific Islander

BY ETHNICITY



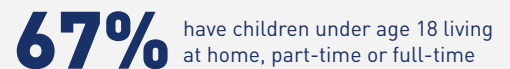
Hispanic/Latino



SPOUSE'S BRANCH OF SERVICE



CHILD STATUS



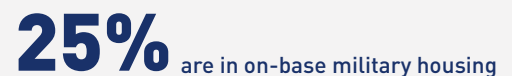
The average number of children is 2 per household

57% have children age 5 or younger

25% have a child with a special need



WHERE THEY LIVE



Physical and Emotional Well-Being



GENERAL HEALTH RATING
67% of active duty spouses said that their general health is **excellent or very good**



LEVEL OF PERSONAL STRESS
54% of active duty spouses rated their current level of stress as **greater than usual**



FINANCIAL WELL-BEING
70% feel financially **comfortable**



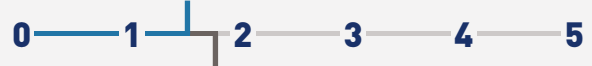
MARITAL QUALITY
83% are **satisfied/very satisfied** with their marriage



COUNSELOR SUPPORT
17% have seen a counselor in the past **6 months**
75% found counseling to be **beneficial**

The Marital Instability Index reveals that active duty military spouses feel they have more marriage stability than civilians.

Active duty spouses' average score is approximately 1.5

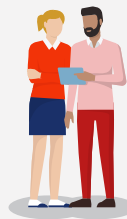


Civilian average score is approximately 1.9

DEPLOYMENT AND PCS MOVES

28% had a spouse deployed in the past 12 months

81% of spouses have experienced a Permanent Change of Station (PCS) move in the past 5 years



MILITARY LIFE SATISFACTION

56% are **satisfied** with the military way of life

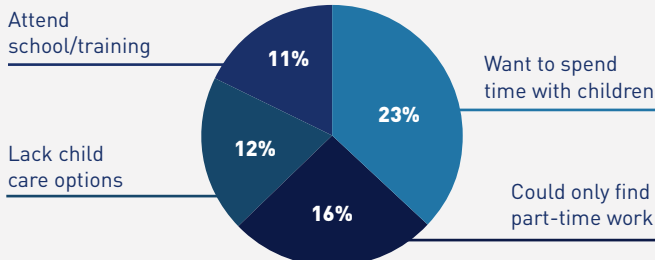
Employment

22% are unemployed
 Unemployed spouses had been looking for work for an average of **20 weeks**

56% of spouses are employed within the area of **their education/training**

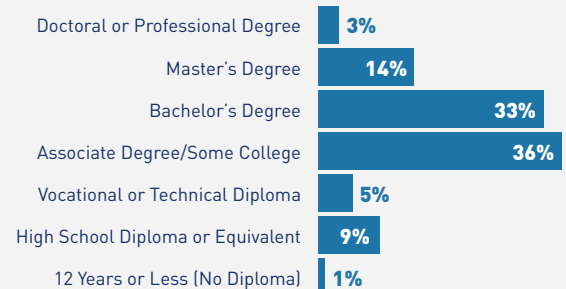
32% of employed spouses **work part-time**

TOP REASONS FOR WORKING PART-TIME



Education

EDUCATION LEVEL



SCHOOL/TRAINING ENROLLMENT

