



MILITARY FAMILIES

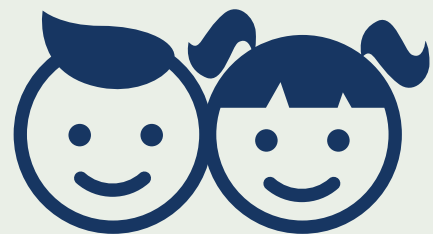
IMPACT OF DEPLOYMENTS: RESERVE COMPONENT CHILDREN

Results of the 2019 Survey of Reserve Component Spouses



Coping with Deployments

There are 674,223* children of Reserve component members. The 2019 Survey of Reserve Component Spouses provides insights into how parental deployments impact children.



7 1/2 Years Old

The average age of the child most impacted by deployments



74% of Reserve spouses whose husband/wife recently deployed had one or more children living at home at least part-time

45% indicated that new or increased child care was an additional expense during their most recent deployment

60% indicated their child(ren) **coped well** with their parent's most recent deployment

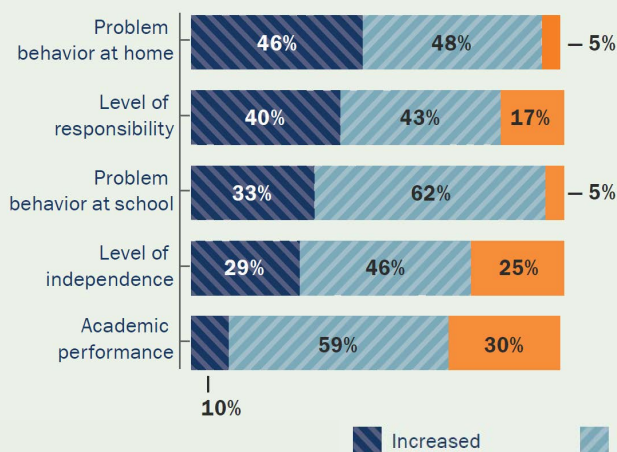
69% indicated their child(ren) **stayed well connected** to their deployed parent during the deployment

84% indicated their child(ren) **reconnected well** with their deployed parent upon their return home

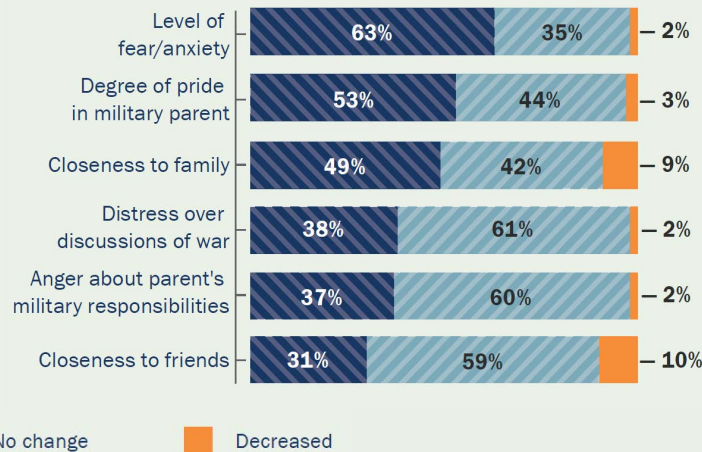


Impacts of Deployment

ON BEHAVIOR



ON EMOTIONS



5 Most Important Coping Mechanisms†

- Home parent's ability to maintain a stable household routine
- Communication with the deployed parent
- Geographic stability
- Home parent's support for the deployment
- Family member support for the deployment

RESOURCES FOR FAMILIES
Military spouses can receive support at no cost, including family life counseling, at:

**MILITARY
ONESOURCE**

800-342-9647

www.militaryonesource.mil

*This data point taken from the 2019 Demographics Profile of the Military Community. This number includes children aged 18 and under.

† As reported by Reserve spouses about their children who experienced a deployment

Data presented are reported by Reserve component spouses about their children on the **2019 Survey of Reserve Component Spouses**

