



# MILITARY FAMILIES RESERVE COMPONENT SPOUSES

Results from the 2019 Survey of Reserve Component Spouses

There are 363,462 Reserve component spouses.\*



## Well-being



62%

of Reserve spouses indicated that their health is very good or excellent



82%

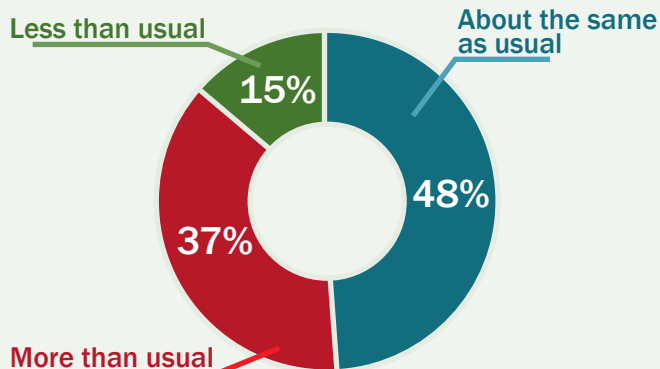
of Reserve spouses reported being satisfied with their marriage



68%

of Reserve spouses reported that they are financially comfortable

## Current Level of Personal Stress



## RESOURCES FOR SPOUSES

Need information or resources to support your life as a military spouse? Information and resources for parenting, spouse education and employment, managing stress, and more can be found at:

**MILITARY  
ONESOURCE**

800-342-9647  
[www.militaryonesource.mil](http://www.militaryonesource.mil)



## Reserve Spouse Demographics

37yrs

the average age of Reserve spouses

The average Reserve spouse has been a military spouse for

9yrs

85%

of Reserve spouses are female



80%

of Reserve spouses have at least one child or legal dependent



## Education and Employment

57%

of Reserve spouses have at least a bachelor's degree

23%

of Reserve spouses have an advanced degree such as master's degree, PhD, JD, or other professional degree

78%

of civilian Reserve spouses are in the labor force†



7%

of civilian Reserve spouses are unemployed despite seeking/wanting employment†



†excludes dual military spouses

Source: 2019 Survey of Reserve Component Spouses

Sponsored by Military Community and Family Policy, conducted by the Office of People Analytics

\*This data point taken from the 2019 Demographics Profile of the Military Community.

