

Military OneSource for Service Providers & Leaders

Your Ally in Serving Those Who Serve



Resources for Military Life



Starting with the Website

Military OneSource delivers easily accessible information and resources you can use to support service members and families who turn to you for assistance.

- Explore the entire site.
- Check out the Service Providers category.
- Create a login so you can download resources of interest.



Tons of Materials to Choose From

Pre-recorded webinars **Fact Sheets**
Brochures Infographics **Forms**
Toolkits **Articles** E-learning courses
Flyers Guides (PDFs) **Podcasts** Free Products
Links to branch-specific programs
Reports

Downloadable and Printable Materials

Get resources, information and supportive materials to meet your service members' needs:

- Look for “Quick Access” in the MilitaryOneSource.mil menu and click on “Products.”
- Search products by type (Audio and Video, Books, etc.) and by Category (Financial, Special Needs, etc.)
- Special order products by logging in or creating a Military OneSource account.
- Receive your products 7 to 14 days after the order is placed.



Add More Materials to Your Collection

- Get the latest information about timely issues and events that matter to service members and family members by signing up for eNewsletters.
 - Military OneSource
 - Friends & Family Connection
 - Spouse Education and Career Opportunities
 - Exceptional Advocate
- Articles include links to thousands of vetted resources and services.
- No matter which area of military life you want to explore, Military OneSource is a great place to start your search.



Non-medical Counseling

Confidential non-medical counseling:

- For service members and military families
- Private, at no cost
- Short-term, up to 12 sessions
- Connects service members – or immediate family members – to counseling from licensed mental health clinicians
- Helps with issues such as:
 - Improving relationships at home and work
 - Stress management
 - Marital and communication issues
 - Adjustment and deployment difficulties
 - Parenting skills
 - Grief or loss



In-Person Support at Your Request

Military OneSource state consultants come in person to explain the benefits, services and resources available to the military community

- Anyone who serves the military community can request a visit from a state consultant, including:
 - Military leaders from every branch
 - Military service providers
 - Civilian and community organizations that serve military populations

