

FACT SHEET | JULY 2026

Advancing Military Spouse Careers and Education



Military spouses face unique career and education challenges. The War Department SpouseWorks (formerly SECO) program provides free, personalized support to help you build skills, achieve your professional goals and find a job, wherever military life takes you.



Grow skills.

Build your expertise and skills with training, education and professional development through:

- SpouseWorks Scholarship (formerly MyCAA)
- Udemy online courses and learning paths
- SpouseWorks scholarship finder



Get career advice.

Connect with a career coach for help navigating your path through:

- On-demand resume review
- 1:1 career coaching
- Tailored coaching packages
- Career assessments
- Video mock interviews



Find a job.

Discover career opportunities that fit your experience and your military life through:

- Military Spouse Employer Partnership
- SpouseWorks job board
- SpouseWorks Fellowship (formerly the Career Accelerator)
- Job Search Navigator
- FlexJobs



SpouseWorks tools and resources

Access comprehensive tools and resources to:

- **Grow skills**
 - Apply for scholarships, including the SpouseWorks Scholarship, to fund your education
 - Compare colleges and training programs to find the right school for your career goals
- **Get career advice**
 - Find practical information to build your plan and meet your goals
 - Learn more about yourself with personalized self-assessment tools
 - Receive tailored guidance from a consistent career coach to keep you on track
 - Be the first to learn about new, free initiatives designed specifically for military spouses
- **Find a job**
 - Write effective resumes and cover letters
 - Research occupations and find new paths that fit your unique needs
 - Search thousands of jobs with employer partners

Who We Are

The SpouseWorks program provides expert education and career guidance to military spouses worldwide. For more information, visit [SpouseWorks.mil](https://spouseworks.mil).



Personalized career support at every step

Connect with a career coach today.

These trained and certified experts are here to help you every step of the way, whether you are searching for a job, looking for education opportunities or working to start your own business. Use the live chat feature on the SpouseWorks website to schedule a specialty consultation. Coaches provide:

- Customized career planning
- Entrepreneurship resources and guidance
- Resume and cover letter reviews
- Video mock interviews
- Personal branding
- Education assistance
- Specialized coaching sessions



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